

This document highlights the penalties assessed during the Age-Group Quarterfinal internal review process.

### **Test 1**

**Louie McMaster** - Major penalty: Athlete failed to fully extend the legs and hip between steps during the lunges for a significant number of reps.

**New score 9:59**

**Stacy Boaz** - Major penalty: Athlete wore gymnastic grips during dumbbell lunges.

**New score 19:49**

**Glenn Nelson** - Major penalty: Athlete wore gymnastic grips during dumbbell lunges.

**New score 19:06**

**Eduardo Correa** - Zero Score: Athlete did not show any of the required measurements for floor layout.

**New score 0**

**Dion Walmsley** - Major penalty: Athlete wore gymnastic grips during dumbbell lunges.

**New score 15:21**

**Jennifer Jasper** - Major penalty: Athlete wore gymnastic grips during dumbbell lunges.

**New score 16:58**

**Darren Skeese** - Zero Score: Athlete did not show the required 25 foot measurements for floor layout.

**New score 0**

**Matt Malan** - Major penalty: Athlete failed to fully extend the legs and hip between steps during the lunges for a significant number of reps.

**New score 15:41**

**Matt Beals** - Major penalty: Athlete wore gymnastic grips during dumbbell lunges.

**New score 18:17**

**Kevin Mcvey** - Major penalty: Athlete wore gymnastic grips during dumbbell lunges.

**New score 12:29**

**Kari Lindman** - Major penalty: Athlete wore gymnastic grips during dumbbell lunges.

**New score 13:43**

**Gina Cacchiotti-Wellner** - Major penalty: Athlete feet above the bar during the kip of the bar muscle-up for a significant number of reps.

**New score 15:38**

**Julián López** - Major penalty: Athlete held the dumbbells in an unauthorized front rack position during the walking lunges for a significant number of reps.

**New score - 7:48**

**Hjördís Óskarsdóttir** - Major penalty: Athlete failed to fully extend the legs and hip between steps during the lunges for a significant number of reps.

**New score 10:45**

**Greg Merkac** - Major penalty: Athlete failed to fully extend the legs and hip between steps during the lunges for a significant number of reps.

**New score 16:40**

**Melisa Rodriguez** - Major penalty: Athlete failed to fully extend the legs and hip between steps during the lunges for a significant number of reps.

**New score 8:52**

**Alexandre Jolivet** - Major penalty: Athlete held the dumbbells in an unauthorized front rack position during the walking lunges for a significant number of reps.

**New score - 10:39**

**Paco Bravo** - Major penalty: Athlete wore gymnastic grips during dumbbell lunges.

**New score 11:26**

**Tara Blankenship** - Zero Score: Athlete did not show the required 25 foot measurements for floor layout.

**New score 0**

**František Heribán** - Major penalty: Athlete wore gymnastic grips during dumbbell lunges.

**New score 9:02**

**Jodie Castel** - Major penalty: Athlete failed to fully extend the legs and hip between steps during the lunges for a significant number of reps.

**New score 15:10**

**Danny Hale** - Major penalty: Athlete failed to fully extend the legs and hip between steps during the lunges for a significant number of reps.

**New score 11:11**

**Sergey Klyshbaev** - Major penalty: Athlete failed to touch his chest to the bar at or below the collar bone during the chest to bar pull-ups for a significant number of reps.

**New score 18:35**

**Shagel Butt** - Minor penalty: Athlete failed to perform the prescribed number of chest to bar pull ups during a round for a small number of reps.

**New score 9:20**

**Jason Cain** - Major penalty: Athlete wore gymnastic grips during dumbbell lunges.

**New score 15:10**

**Dustin Owen** - Major penalty: Athlete failed to fully extend the legs and hip between steps during the lunges for a significant number of reps and setting the dumbbells down in the middle of a 25 foot section and not starting that section over.

**New score 12:35**

**Kick Van Loon** - Zero score: Athlete used wrong size dumbbell.

**New score 0**

**Matty Haydon** - Major penalty: Athlete failed to fully extend the legs and hip between steps during the lunges for a significant number of reps and setting the dumbbells down in the middle of a 25 foot section and not starting that section over.

**New score 11:54**

**Ryan Bretag** - Major penalty: Athlete failed to fully extend the legs and hip between steps during the lunges for a significant number of reps.

**New score 12:53**

**Nik Kandola** - Major penalty: Athlete out of view of the camera during the lunges for a significant number of reps.

**New score 19:13**

**Keeley Ehlers** - Major penalty: Athlete out of view of the camera during the lunges for a significant number of reps.

**New score 17:40**

**Carrie Oneil** - Major penalty: Athlete feet above the bar during the kip and/or resting on top of the bar during the muscle-up for a significant number of reps.

**New score 17:40**

**Kerry Jach** - Major penalty: Athlete's feet above the bar during the kip during the bar muscle-up for a significant number of reps.

**New score 105**

**Paul Desroches II** - Major penalty: Athlete held the dumbbells in an unauthorized front rack position during the walking lunges for a significant number of reps.

**New score - 11:03**

**Mike Holmes** - Major penalty: Athlete failed to fully extend the legs and hip between steps during the lunges for a significant number of reps.

**New score 9:39**

**David Johnston** - Major penalty: Athlete held the dumbbells in an unauthorized front rack and overhead position during the walking lunges for a significant number of reps.

**New score - 12:36**

**Tiffany Normandin** - Major penalty: Athlete failed to fully extend the legs and hip between steps during the lunges for a significant number of reps.

**New score 11:51**

**Art Hamilton** - Major penalty: Athlete held the dumbbells in an unauthorized front rack during the walking lunges for a significant number of reps and failed to perform the prescribed number of reps on toes to bar and bar muscle-ups.

**New score - 13:11**

**Mira Varga** - Major penalty: Athlete held the dumbbells in an unauthorized front rack and overhead position during the walking lunges for a significant number of reps.  
**New score - 9:54**

**Liemerson Caporalli** - Major penalty: Athlete wore gymnastic grips during dumbbell lunges.  
**New score 15:51**

**Cici Fougere** - Zero Score: Athlete did not show any of the required measurements for floor layout.  
**New score 0**

**Heather Gammel** - Major penalty: Athlete failed to fully extend the legs and hip between steps during the lunges for a significant number of reps.  
**New score 14:40**

**Gabriella Deyo** - Major penalty: Athlete failed to fully extend the legs and hip between steps during the lunges for a significant number of reps.  
**New score 15:01**

**Karen Ros Saemundardottir** - Major penalty: Athlete held the dumbbells in an unauthorized overhead position during the walking lunges for a significant number of reps.  
**New score - 13:46**

**Robin Nickel** - Major penalty: Athlete allowed feet to rise above the bar during the kip of the bar muscle-up for a significant number of reps.  
**New score 13:59**

**Maricruz Prieto** - Major penalty: Athlete allowed feet to rise above the bar during the kip and/or rested on top of the bar during the muscle-up for a significant number of reps.  
**New score 17:44**

**Julia Kenyon** - Major penalty: Athlete failed to fully extend the legs and hip between steps during the lunges for a significant number of reps.  
**New score 13:53**

**Austin Medford** - Major penalty: Athlete wore gymnastic grips during dumbbell lunges.  
**New score 13:29**

**Karol Paiva** - Zero Score: Athlete did not show any of the required measurements for floor layout.  
**New score 0**

**Nathalie Poulin** - Major penalty: Athlete wore gymnastic grips during dumbbell lunges.  
**New score 16:06**

**David Finazzo** - Zero score: Athlete edited video in an attempt to show floor measurements.  
**New score 0**

**Luiz Renato Oliveira** - Major penalty: Athlete failed to fully extend the legs and hip between steps during the lunges for a significant number of reps and setting the dumbbells down in the middle of a 25 foot section and not starting that section over.

**New score 13:51**

**Franck Attieh** - Major penalty: Athlete held the dumbbells in an unauthorized overhead position during the walking lunges for a significant number of reps.

**New score - 13:36**

**Seth McKern** - Major penalty: Athlete held the dumbbells in an unauthorized front rack position during the walking lunges for a significant number of reps.

**New score - 14:24**

**John Gleich** - Major penalty: Athlete held the dumbbells in an unauthorized front rack position during the walking lunges for a significant number of reps.

**New score - 14:00**

**Kim Mullins** - Major penalty: Athlete wore gymnastic grips during dumbbell lunges.

**New score 18:53**

**Barbara Macaluso** - Major penalty: Athlete had several instances of stepping on the line during the lunges, athlete also did not restart one length of the lunges when there was a clear shuffle step. Additionally during the bar muscle-ups the athletes feet were clearly higher than the bar on several reps.

**New score 15:54**

**Stephen Ridyard** - Major penalty: Athlete failed to begin each rep of the pull-up and muscle-up with fully extended arms for a significant number of reps.

**New score 18:32**

**Jane Jones** - Major penalty: Athlete held the dumbbells in an unauthorized overhead position during the lunges and allowed feet to raise above the level of the bar during the bar muscle-ups for a significant number of reps.

**New score 93**

**Sue Velott** - Major penalty: Athlete held the dumbbells in an unauthorized front rack position during the lunges and wore gymnastic grips during the lunges.

**New score 92**

**Betsy Vanderburgh** - Major penalty: Athlete held the dumbbells in an unauthorized front rack position during the walking lunges for a significant number of reps.

**New score - 12:43**

**Brian Hanline** - Major penalty: Athlete held the dumbbells in an unauthorized front rack position during the walking lunges for a significant number of reps.

**New score - 20:00**

**Ari Tómas Hjálmarsson** - Major penalty: Athlete stopped or started with foot on the line during the lunges on multiple occasions. Athlete completed 18 or the required 20 toes to bar on his second set and also rested on top of the bar during the bar muscle-ups.

**New score 11:53**

**Ludmylla Reis** - Zero score: Athlete measured the floor length 2 feet short.

**New score 0**

**Meghan Ward** - Athlete wore gymnastic grips during dumbbell lunges.

**New score 15:44**

**Facundo Salica** - Minor penalty: Athlete started and/or finished with foot on the line during the DB walking lunges for a small number of reps.

**New score 8:50**

**Martha Redinger** - Major penalty: Athlete wore gymnastic grips during dumbbell lunges.

**New score 87**

**Mathieu Beaudoin** - Major penalty: Athlete held the dumbbells in an unauthorized overhead position during the walking lunges for a significant number of reps.

**New score - 11:35**

**April Kitagawa** - Major penalty: Athlete failed to fully extend the legs and hip between steps during the lunges for a significant number of reps and held dumbbells in an unauthorized position overhead.

**New tiebreak 17:05**

**Bobbie Walsh** - Major penalty: Athlete failed to fully extend the legs and hip between steps during the lunges for a significant number of reps.

**New score 15:06**

**Mark Peters** - Major penalty: Athlete failed to begin each rep of the pull-up and muscle-up with fully extended arms for a significant number of reps.

**New score 91**

**Patrick Kenney** - Minor penalty: Athlete set dumbbells down in the middle of the 25 foot section and did not restart that section.

**New score 100**

**Merilyn Douglass** – Major penalty: Athlete wore gymnastic grips during dumbbell lunges and kicked off a box during the toes to bar

**New score 85**

**Kylie Johnson** - Score adjustment: Athlete's video freezes and the resumes, athlete given credit for work performed in working portion of video.

**New score 105**

**Brenda Mullaney** - Major penalty: Athlete failed to fully extend the legs and hip between steps during the lunges for a significant number of reps.

**New tiebreak 12:24**

**Querida Masters** - Major penalty: Athlete failed to begin each rep of the pull-up and muscle-up with fully extended arms and feet off the ground for a significant number of reps.

**New score 78**

**Anthony Coletta** - Zero Score: Athlete did not show any of the required measurements for floor layout.  
**New score 0**

**Ken Phillips** - Major penalty: Athlete wore gymnastic grips during dumbbell lunges.  
**New score 86**

**Elia Del Olmo** - Minor penalty: Athlete failed to support their weight with only their hands while on top of the bar between bar muscle up reps for a small number of reps.  
**New score 10:25**

**Gabi Napper** - Minor penalty: Athlete failed to perform the prescribed number of repetitions during a round of chest to bar pull ups.  
**New score 11:56**

**Maisie Wilde** - Minor penalty: Athlete failed to support their weight with only their hands while on top of the bar between bar muscle up reps for a small number of reps.  
**New score 9:51**

**Emily Meyer** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Abigail Moore** - Minor penalty: Athlete failed to support their weight with only their hands while on top of the bar between bar muscle up reps for a small number of reps.  
**New score 12:48**

**Lina Bauer** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Ella McIntyre** - Minor penalty: Athlete finished walking lunge length with a foot on the tape line for a small number of reps.  
**New score 18:35**

**Rafael Candeias** - Minor penalty: Athlete failed to perform prescribed number of repetitions during a round of the chest to bar pull ups for a small number of reps.  
**New score 9:19**

**Ourtaud Valentin** - Minor penalty: False start penalty.  
**New score 9:56**

**Jared Richardson** - Minor penalty: Athlete pressed the dumbbells together during the overhead lunges.  
**New score 10:59**

**Dima Pomazan** - Minor penalty: Athlete finished walking lunge length with a foot on the tape line for a small number of reps.  
**New score 10:51**

**Leticia Cerqueira** - Minor penalty: Athlete finished walking lunge length with a foot on the tape line for a small number of reps.

**New score 9:51**

**Beatriz Pessanha** - Minor penalty: Athlete failed to support their weight with only their hands while on top of the bar between bar muscle up reps or allowed their feet to rise higher than the bar during the kip of the bar muscle ups for a small number of reps.

**New score 10:12**

**Ryan Perry** - Minor penalty: Athlete allowed their feet to rise higher than the bar during the kip or failed to support their weight with only their hands while on top of the bar between bar muscle up reps for a small number of reps.

**New score 12:39**

**Karen Motola** - Minor penalty: Athlete failed to perform prescribed number of repetitions during a round of the toes to bar for a small number of reps.

**New score 13:21**

**Olivier Dancause** - Minor penalty: Athlete failed to touch both feet to the bar and inside the width of the hands at the same time during the toes to bar for a small number of reps.

**New score 10:33**

**Isaac Bussiere** - Minor penalty: False start penalty.

**New score 11:12**

**Mourad Kady** - Minor penalty: Athlete finished walking lunge length with a foot on the tape line for a small number of reps.

**New score 9:54**

**Lorenzo Ursini** - Minor penalty: Athlete failed to fully extend hips and knees at the top of the final lunge step before setting the dumbbells down for a small number of reps.

**New score 8:49**

**Jorge Luiz** - Minor penalty: False start penalty.

**New score 8:33**

**Facundo Salica** - Minor penalty: Athlete started or finished walking lunge length with a foot on the tape line for a small number of reps.

**New score 8:50**

**Noah Prieur** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Yousef Diab** - Minor penalty: False start penalty.

**New score 10:16**

**Mafer Betancourt** - Minor penalty: Athlete pressed the dumbbells together during the overhead lunges.

**New score 10:43**



**Richard Viera** - Score adjustment to reflect amount of work completed before video cuts out. Major penalty use of grips during lunges.

**New score 90**

**Jay Wade** - Major penalty: Removed shoes.

**New score 19:31**

**Mark Hutchinson** - Minor penalty: Athlete failed to perform the prescribed number of toes to bar in a round and failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 7:17**

**Cristian Rechichi** - Zero score: Athlete did not show any of the required measurements for floor layout.

**New score 0**

**Johann Van Zyl** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition.

**New score 7:18**

**Josh Marunde** - Minor penalty: Athlete failed to travel forward during the walking lunge for a small number of reps.

**New score 7:55**

**Patrick O'Connell** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Nick Aranda** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 9:23**

**Em Day Gooch** - Minor penalty: Athlete's feet rose above the height of the bar during the kip of the muscle up for a small number of reps.

**New score 7:59**

**Belinda Bekker** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 8:36**

**Kasey Johnson** - Minor penalty: False start penalty.

**New score 9:49**

**Angelica Bengtsson** - Minor penalty: Athlete failed to fully lockout their arms at the top or failed to support their weight with only their hands while on top of the bar between bar muscle up reps for a small number of reps.

**New score 9:28**

**Fatima Artola** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Chelsey Hughes** - Minor penalty: Athlete failed to support their weight with only their hands while on top of the bar between bar muscle up reps for a small number of reps.

**New score 9:58**

**Danielle Nogueira** - Minor penalty: Athlete's feet rose above the height of the bar during the kip of the muscle up for a small number of reps.

**New score 10:11**

**Vivian Aiello Bomfim** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 11:23**

**Kate Currie** - Minor penalty: Athlete's feet rose above the height of the bar during the kip of the muscle up for a small number of reps.

**New score 10:01**

**Laura Stevenson** - Minor penalty: Athlete's feet rose above the height of the bar during the kip of the muscle up for a small number of reps.

**New score 10:25**

**Kammi Rush** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 8:58**

**Paul Delanoy** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition and athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 9:43**

**Bruno Militao** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 8:27**

**Joan León** - Minor penalty: Athlete failed to fully extend the legs and hip between steps during the lunges or finished the lunge section with their foot on the line for a small number of reps.

**New score 8:33**

**Zachary Gibbon** - Minor penalty: Athlete failed to perform the prescribed number of chest to bar pull ups in a round for a small number of reps.

**New score 8:14**

**Chris Reil** - Minor penalty: False start penalty and athlete failed to finish the lunge with both feet clearly beyond the tape line for a small number of reps.

**New score 9:50**

**Eric Hinman** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 9:44**

**Robert Kramer** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition.

**New score 9:04**

**Rolo Gomez** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells and allowed feet to rise higher than the bar during the kip of the muscle ups for a small number of reps.

**New score 9:49**

**Landon Brazell** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 10:50**

**Jenn Ryan** - Minor penalty: Score adjusted to reflect accurate time when athlete finished the final repetition.

**New score 8:27**

**Joyce Rodrigues Troyer** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 10:20**

**Rebecca Voigt Miller** - Minor penalty: Athlete failed to fully extend the legs and hip between steps during the lunges for a small number of reps.

**New score 10:24**

**Jenn Ryan** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition.

**New score 8:27**

**Colleen McQuaid** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition.

**New score 11:17**

**Delaina Snider** – Minor penalty: Athlete failed to support their weight with only their hands while on top of the bar between bar muscle up reps for a small number of reps.

**New score 12:12**

**Jennifer Binkley** - Minor penalty: False start penalty and athlete failed to finish the lunge with both feet clearly beyond the tape line for a small number of reps.

**New score 12:16**

**Samantha Briggs** - Minor penalty: Athlete held the dumbbells in an unauthorized front rack position during the walking lunges for a small number of reps.

**New score 10:30**

**Elma Ducic** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 10:52**

**Dionne Gutierrez** - Minor penalty: Athlete failed to finish the lunge with both feet clearly beyond the tape line for a small number of reps.

**New score 11:57**

**Karli DeMonico** - Minor penalty: Athlete failed to lunge the entire 25' section before setting the dumbbells down and failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 13:28**

**Chelsea Hanson** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 10:21**

**Lizzy Carson** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 11:55**

**Gerar Garcia** - Minor penalty: Athlete failed to alternate feet between walking lunge steps for a small number of reps.

**New score 10:34**

**Spencer Whiteley** - Minor penalty: Athlete failed to start the walking lunge section with both feet clearly behind the tape mark for a small number of reps.

**New score 11:20**

**Lawrence Jacobs** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition and athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 12:55**

**Jason Corn** - Minor penalty: Athlete failed to alternate feet between walking lunge steps and failed to start the walking lunge section with both feet clearly behind the tape mark for a small number of reps.

**New score 12:52**

**Marcos Bonatto** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells and failed to start the walking lunge section with both feet clearly behind the tape mark for a small number of reps.

**New score 13:05**

**Antonio Sala** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 11:09**

**Peter Andersson** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition.

**New score 10:10**

**Kelly Taylor** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Joey Hoehsmann** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 13:04**

**Bradley Pritchard** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 11:01**

**Tales David** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 11:38**

**Keith Martin** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 13:30**

**Iain MacLean** - Minor penalty: Athlete failed to fully extend the legs and hip between steps during the lunges for a small number of reps.

**New score 14:53**

**Ari Nurminen** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 14:05**

**Stephen Hutton** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Tiffany Kempton** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells and allowed feet to rise higher than the bar during the kip of the bar muscle ups for a small number of reps.

**New score 12:31**

**Andrea Maida** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 13:43**

**Jen Kinsella** - Minor penalty: Athlete failed to lunge the entire 25' section before setting the dumbbells down for a small number of reps.

**New score 12:20**

**Monica Marigliano** - Minor penalty: False start penalty and athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 12:24**

**Jen Bottcher** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 13:41**

**Laura Nielsen** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition.

**New score 15:08**

**Carrie Mildbrand** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 14:24**

**Heidi Dausman** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition.

**New score 13:26**

**Megan Menzel** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Artur Komorowski** - Minor penalty: Athlete failed to fully extend arms at the top of the bar muscle up for a small number of reps.

**New score 12:09**

**John Stephens** - Minor penalty: Athlete failed to end the lunge with both feet clearly behind the tape mark for a small number of reps.

**New score 13:51**

**Michael White** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition.

**New score 14:56**

**Eirik Solen** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition.

**New score 13:36**

**Sebastian Chiesa** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 15:30**

**Aaron Brown** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition and athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 15:33**

**Lockie Jeffrey** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Tom Hemenway** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Randy Lowe** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 11:47**

**Stella Ladao** - Minor penalty: False start penalty.

**New score 16:38**

**Jennifer Donaldson** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 15:01**

**Patricia Souza** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 17:42**

**Annie Malone** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Becky Knowles** - Minor penalty: Athlete failed to lunge the entire 25' section before setting the dumbbells down for a small number of reps.

**New score 14:48**

**Kimi Boutiler** - Minor penalty: Athlete failed to alternate legs during the lunges for a small number of reps.

**New score 101**

**Debbie Blank** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Jamie Thurber** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 14:08**

**Paul Saevre** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 14:12**

**Cesc Palomo** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition.

**New score 13:25**

**Robert Davis** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition.

**New score 11:41**

**Joseph Lopez** - Minor penalty: Athlete failed to lunge the entire 25' section before setting the dumbbells down for a small number of reps.

**New score 15:41**

**David Usandizaga** - Minor penalty: Score adjusted to reflect accurate amount of work completed within the 20 minute time cap.

**New score 111**

**Victor Machado Reis** - Minor penalty: Athlete allowed feet to rise higher than the bar during the kip of the bar muscle ups for a small number of reps.

**New score 11:49**

**Amy Simpson** - Minor penalty: Athlete failed to end the lunge with both feet clearly behind the tape mark for a small number of reps.

**New tiebreak 12:50**

**Lesley Vogel** - Minor penalty: Athlete failed to maintain a full grip on the handle of the dumbbells during the front rack lunges for a small number of reps.

**New score 15:17**

**Lasara Magnani** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 14:51**

**Carmen Kassinger** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Claudia Jacober** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 14:52**

**Josée Sarda** - Minor penalty: Athlete failed to support their weight with only their hands while on top of the bar between bar muscle up reps for a small number of reps.

**New score 12:48**

**Amber Stewart** - Minor penalty: False start penalty and athlete failed to fully extend hips and knees between lunge steps for a small number of reps.

**New tiebreak 13:58**

**Paola Pialorsi** - Minor penalty: Athlete failed to fully extend hips and knees between lunge steps for a small number of reps.

**New tiebreak 15:37**

**Shanna Bunce** - Minor penalty: Athlete allowed feet to rise higher than the bar during the kip of the bar muscle ups for a small number of reps.

**New score 15:52**

**Emanuela Scarpelli** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 12:57**

**Patti Laughlin** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Brian Wilson** - Minor penalty: Athlete held the dumbbells in an unauthorized front rack position during the walking lunges for a small number of reps.



**New score - 13:32**

**Jon Schatz** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.

**New score 18:39**

**David Ellks** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Sheryl Boyd** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells or failed to keep feet behind the tape mark when starting a lunge length for a small number of reps.

**New score 15:13**

**Georgina Jarden** - Minor penalty: Athlete allowed part of the arm to touch the bar during the bar muscle up for a small number of reps.

**New score 105**

**Christine Long** - Minor penalty: Athlete failed to lunge the entire 25' section before setting the dumbbells down for a small number of reps.

**New score 19:39**

**Diana Towne** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Tracie Kinsela** - Minor penalty: Athlete allowed part of the arm to touch the bar during the bar muscle up for a small number of reps.

**New score 102**

**Jeanne Polishak** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Jarka Giangiulio** - Minor penalty: Athlete failed to maintain a full grip on the dumbbells during the front rack lunges for a small number of reps.

**New score 102**

**Judy Fearer** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Edmund Ziegler** - Minor penalty: Athlete failed to end the lunge with both feet clearly behind the tape mark for a small number of reps.

**New tiebreak 17:03**

**Ted Leger** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**James Botti** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Jean-Louis Duret** - Minor penalty: False start penalty.  
**New tiebreak 15:07**

**Van Ramos** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Chris Estes** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Lynn Fisher** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Marcia Yager** - Minor penalty: Athlete failed to lunge the entire 25' section before setting the dumbbells down for a small number of reps.  
**New tiebreak 15:41**

**Orit Keren** - Minor penalty: Athlete failed to touch the feet to the bar at the same time during the toes to bar for a small number of reps.  
**New tiebreak 14:41**

**Betty Knoblen** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.  
**New tiebreak 16:31**

**Sharon Wulbrecht** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Marion Craig** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells for a small number of reps.  
**New tiebreak 12:24**

**Gwen Petersohn** - Minor penalty: Athlete failed to alternate feet between walking lunge steps for a small number of reps.  
**New tiebreak 14:20**

**Giannina Titus** - Minor penalty: Athlete allowed feet to rise higher than the bar during the kip of the bar muscle ups for a small number of reps.  
**New score 102**

**Pam Rossini** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Gary Davis** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**David Dami** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Terry O'Brien** - Minor penalty: Athlete failed to fully extend hips and knees on the lunge before lowering the dumbbells and failed to keep both feet clearly behind the tape mark at the beginning of the lunge for a small number of reps.

**New tiebreak 16:36**

**Matt Arnaiz** - Minor penalty: Score adjusted to reflect accurate time on the clock when the athlete finished their last lunge.

**New tiebreak 12:16**

**Pete Scott** - Major penalty: Athlete moves out of view of the camera during the lunges for a significant number of reps.

**New tiebreak 15:23**

**Randy Lane** - Major penalty: Athlete failed to start each rep of the bar muscle-up with arms fully extended for a significant number of reps.

**New score 102**

**Magnus Parnerteg** - Major penalty: Athlete failed to fully extend the legs and hip between steps during the lunges for a significant number of reps.

**New score 16:37**

## **Test 2A**

**Silvia Ambros** - Major penalty: Athlete used wrong size box for all box jumps.

**New score 15**

**Bubba Hagood** - Major penalty: Athlete used hands to assist in standing on top of the box for a significant number of reps.

**New score 174**

**Jason Leeves** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 166**

**Artur Komorowski** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps and feet were wider than hands during the handstand push-ups for a significant number of reps.

**New score 166**

**Caden Poulin** - Zero Score: Athlete did not show any of the required measurements for floor layout.

**New score 0**

**Elijah Muhammad** - Minor penalty: Athlete used hands to assist in standing on top of the box for a small number of reps. 1 rep of box jump conducted after the time expired.

**New score 205**

**Alex Devyatov** - Zero Score: Athlete did not show any of the required measurements for floor layout.

**New score 0**

**Alexandre Jolivet** - Major penalty: Athlete failed to have shoulders in line with the body in the top position of the handstand push-up for a significant number of reps.

**New score 164**

**Tom Hemenway** - Major penalty: Athlete failed to have shoulders in line with the body in the top position of the handstand push-up for a significant number of reps.

**New score 153**

**Frantisek Heriban** - Major penalty: Athlete failed to have shoulders in line with the body in the top position of the handstand push-up for a significant number of reps.

**New score 182**

**Julie Rappaport** - Major penalty: Athlete failed to have shoulders in line with the body in the top position of the handstand push-up for a significant number of reps.

**New score 182**

**Samanta Castro** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 138**

**Keeley Ehlers** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 157**

**Kryssie Chandler** - Minor penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a small number of reps.

**New score 157**

**Melissa Bratina** - Major penalty: Incorrect measurement used for handstand push-up line.

**New score 131**

**Carrie Oneil** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 141**

**Ari Tómas Hjálmarsson** - Major penalty: Athlete failed to fully extend knees and hip on top of the box or used hands to assist in standing on top of the box during the box jumps for a significant number of reps.

**New score 165**

**Christian Jensen** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 190**

**Gregory Pattier** - Major penalty: Incorrect measurement used for handstand push-up line.

**New score 160**

**Jonathan Varela** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 164**

**Ryan Kesterholt** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 165**

**Michael Laverriere** - Major penalty: Incorrect measurement used for handstand push-up line.

**New score 203**

**Tom Fameree** - Major penalty: Athlete was not in full view of camera so full range of motion could not be verified during a significant number of reps.

**New score 153**

**Jason Smith** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 178**

**Tayah Bebzuck Marom** - Major penalty: Athlete used wrong size box for all box jumps.

**New score 15**

**Patricia Souza** - Major penalty: Athlete failed to touch head to ground during handstand push-ups for a significant number of reps.

**New score 131**

**Kaliko Oligo** - Major penalty: Athlete failed to have shoulders in line with the body in the top position of the handstand push-up for a significant number of reps.

**New score 166**

**Stella Ladao** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps. Additionally, athlete failed to touch both hands to the foot pad during GHD sit-ups for a small number of reps.

**New score 142**

**Sergey Klyshbaev** - Major penalty: Athlete used wrong size box for all box jumps.

**New score 15**

**Ezequiel Bildosola** - Major penalty: Incorrect measurement used for handstand push-up line.

**New score 182**

**Karol Paiva** - Major penalty: Incorrect measurement used for handstand push-up line, lack of hip and knee extension on box jumps and false start.

**New score 161**

**Sonya McMillan** - Major penalty: Incorrect measurement used for handstand push-up line.

**New score 189**

**Rachel Green** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 193**

**Jennifer Howitt** - Minor penalty: Athlete failed to start with both hands on the foot pad during the GHD sit-ups for a small number of reps.

**New score 220**

**Mike Egan** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 154**

**Paul Saevre** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 189**

**Shannon Schleifer** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 174**

**Allen Duarte** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 177**

**Art Erickson** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 189**

**Ron Ortiz** - Major penalty: Athlete failed to extend arm and have shoulders in line with the body in the top position of the handstand push-up for a significant number of reps.

**New score 174**

**Jenn Ryan** - Major penalty: Athlete failed to extend arm and have shoulders in line with the body in the top position of the handstand push-up for a significant number of reps.

**New score 204**

**Maude Helie** - Zero score: Athlete measured handstand push-up line 2 feet from the wall instead of 10 inches.

**New score 0**

**Heather Gammel** - Minor penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a small number of reps.

**New score 206**

**Jennifer Binkley** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 168**

**Rob Potash** - Major penalty: Athlete used wrong size box for all box jumps.

**New score 15**

**Jorge Luiz** - Major penalty: Athlete used wrong size box for all box jumps.

**New score 15**

**Sidney Harrell** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 159**

**Kevin Mcvey** - Minor penalty: Athlete failed to start GHD sit-ups with both hands on the foot pads for a small number of reps.

**New score 229**

**Mariana Nakamura** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 199**

**Jon Schatz** - Zero score: Athlete performed chest to wall handstand push ups instead of regular handstand push ups.

**New score 0**

**Marcos Alves** - Major penalty: Athlete used wrong size box for all box jumps.

**New score 15**

**Kyle Ruth** - Minor penalty: Incorrect set-up during the GHD sit-ups.

**New score 210**

**Hjördís Óskarsdóttir** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps and failed to extend arms and have shoulders in line with the body in the top position of the handstand push-up for a significant number of reps.

**New score 163**

**Charity Payne** - Zero Score: Athlete did not show any of the required measurements for floor layout.

**New score 0**

**Cristian Rechichi** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 166**

**Andrea Wallace** - Major penalty: Incorrect measurement used for handstand push-up line.

**New score 179**

**Annah Belisle** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 184**

**Carmen Kassinger** - Zero score: Athlete did not show any of the required measurements for floor layout.

**New score 0**

**Paul Desroches II** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps and failed to extend arms and have shoulders in line with the body in the top position of the handstand push-up for a significant number of reps.

**New score 169**

**Barbara Macaluso** - Major penalty: Athlete failed to extend arms and have shoulders in line with the body in the top position or touch the head to the ground during the handstand push-up for a significant number of reps.

**New score 161**

**Ryan Bretag** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 148**

**Greg Houser** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 169**

**Emily Meyer** - Minor penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a small number of reps.

**New score 73**

**Facundo Salica** - Major penalty: Athlete used wrong size box for all box jumps.

**New score 15**

**Heitor Eziderio** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 168**

**Rune Stensdal** - Zero Score: Athlete did not show the required measurements for the handstand push-up line for floor layout.

**New score 0**

**Bella Druley** - Zero Score: Athlete was completely out of view for all handstand push-ups.

**New score 0**

**Daniel Villar** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 187**

**Tracey Magee** - Zero Score: Athlete did not show any of the required measurements for floor layout.

**New score 0**

**Will Kane** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 176**

**Tyler Krueger** - Major penalty: Athlete used hands to stand up on top of the box during box jumps for a significant number of reps.



**New score 170**

**Jimmy Woodard** - Minor penalty: Incorrect setup on the GHD sit-ups for a small number of reps.  
**New score 187**

**David Finazzo** - Zero score: Video clearly edited in an attempt to show floor layout/measurements  
**New score 0**

**Maricruz Prieto** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.  
**New score 162**

**Karla Carpenter** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.  
**New score 170**

**Marni Kallins** - Major penalty: Incorrect measurement used for handstand push-up line.  
**New score 180**

**Keith Martin** - Major penalty: Athlete failed to extend arms and have shoulders in line with the body in the top position of the handstand push-up and failed to start with both hands on the foot pads during the GHD sit-ups for a significant number of reps.  
**New score 156**

**Tales David** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.  
**New score 149**

**Bradley Pritchard** - Major penalty: Incorrect measurement used for handstand push-up line.  
**New score 162**

**Andy Timm** - Major penalty: Athlete not in full view of the camera during the GHD sit-ups.  
**New score 158**

**Seth McKern** - Zero Score: athlete did not show any of the required measurements for floor layout and all handstand push-ups were blocked from camera view.  
**New score 0**

**Luiz Renato Oliveira** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.  
**New score 161**

**Corey Borolien** - Major penalty: Incorrect measurement used for handstand push-up line.  
**New score 138**

**Maxi Itzkoff** - Zero Score: Athlete did not show any of the required measurements for floor layout.  
**New score 0**

**Chris Hall** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps and failed to extend arms and have shoulders in line with the body in the top position of the handstand push-up for a significant number of reps.

**New score 161**

**Jason Luukkonen** - Minor penalty: Athlete failed to fully extend knees and hip on top of the or had his hands on his legs while standing on the box during the box jumps for a small number of reps.

**New score 187**

**Rolo Gomez** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 151**

**Dustin Owen** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps and failed to start handstand push-ups with chest on the ground for a significant number of reps.

**New score 174**

**Eric Hinman** - Major penalty: Incorrect measurement used for handstand push-up line.

**New score 163**

**Amber Stewart** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 176**

**Jodie Castel** - Zero Score: Athlete failed to show the measurement of the handstand push-up line

**New score 0**

**Darren Skeese** - Minor penalty: Athlete did not start handstand push-up with chest on ground or start the GHD sit-ups with both hands on the pad for a small number of reps.

**New score 148**

**Julia Kenyon** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 184**

**Antoine Chayer** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 160**

**Astin Bidgood** - Major penalty: Incorrect measurement used for handstand push-up line.

**New score 69**

**Jean-Etienne Boilot** - Minor penalty: Athlete failed to touch the foot pads with both hands during the GHD sit-ups for a small number of reps.

**New score 184**

**Mona Shay** - Major penalty: Incorrect measurement used for handstand push-up line.

**New score 179**

**Randy Lowe** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 152**

**Valentina Mendoza** - Major penalty: Incorrect measurement used for handstand push-up line.

**New score 115**

**Oswaldo Ortega** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 166**

**Madeleine Agnew** - Zero Score: Athlete did not show any of the required measurements for floor layout.

**New score 0**

**Beatriz Pessanha** - Major penalty: Athlete failed to touch head to ground during the handstand push-ups for a significant number of reps.

**New score 102**

**Ole Bosman** - Zero Score: Athlete did not show any of the required measurements for floor layout.

**New score 0**

**Ethan Rosenberg** - Zero Score: Athlete did not show any of the required measurements for floor layout.

**New score 0**

**Raul Castineira** - Zero Score: Athlete did not have a 30 inch line on the floor for the handstand push-ups.

**New score 0**

**Matt Beals** - Major penalty: Incorrect measurement used for handstand push-up line and athlete failed to fully extend his knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 166**

**Yousef Diab** - Major penalty: Incorrect measurement used for handstand push-up line.

**New score 172**

**Yander Cacau** - Major penalty: Incorrect measurement used for handstand push-up line.

**New score 172**

**Romeo Mbaye** - Major penalty: Athlete did not stand up on top of box, did not start the GHD sit-ups with both hands on the pads and did not start with the chest on the ground for the handstand push-ups each for a small amount of reps.

**New score 154**

**Nick Aranda** - Major penalty: Athlete failed to have shoulders in line with the body in the top position of the handstand push-up for a significant number of reps.

**New score 169**

**Pau Martin Tiers** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps. Athlete took shoes off midway through the workout.

**New score 179**

**Michael Dougherty** - Zero Score: Athlete did not show any of the required measurements for floor layout.  
**New score 0**

**Cesar Tihista** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.  
**New score 115**

**Caden Cleaveland** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps and not touching the foot pad with both hands on the first rep of the GHD sit-up for a significant number of reps.  
**New score 131**

**Rhylee Schmidt** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps and not touching the foot pad with both hands on the first rep of the GHD sit-up for a significant number of reps.  
**New score 150**

**Caroline Essex** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.  
**New score 200**

**Hashem Sallam** - Major penalty: Incorrect measurement used for handstand push-up line.  
**New score 138**

**Harley Cek** - Major penalty: Athlete used wrong size box for all box jumps.  
**New score 15**

**Samuel Sullivan** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.  
**New score 95**

**Kevai Ceran Jerusalemly** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.  
**New score 152**

**Camil Francisque Hammad Deprez** - Major penalty: Athlete used wrong size box for all box jumps.  
**New score 15**

**Ian Tadeo Antonio Aguilar Delgado** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps and not touching the foot pad with both hands on the first rep of the GHD sit-up for a significant number of reps.  
**New score 167**

**Tracie Kinsela** - Major penalty: Athlete failed to touch head to ground during handstand push-ups for a significant number of reps.  
**New score 142**

**Sharon Evans** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 179**

**Debbie Blank** - Zero Score: Athlete did not show any of the required measurements for floor layout.

**New score 0**

**Dima Pomazan** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps and not touching the foot pad with both hands on the first rep of the GHD sit-up for a significant number of reps.

**New score 148**

**Orit Keren** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 96**

**Michael Bridges** - Major penalty: Athlete failed to extend arm and have shoulders in line with the body in the top position of the handstand push-up for a significant number of reps.

**New score 149**

**Brigitte Waeterinckx** - Zero Score: Athlete did not show any of the required measurements for floor layout.

**New score 0**

**Denise Biancaniello** - Major penalty: Incorrect measurement used for handstand push-up line.

**New score 175**

**April Kitagawa** - Major penalty: Incorrect measurement used for handstand push-up line.

**New score 114**

**Consuelo Cruz** - Minor penalty: Athlete failed to start GHD sit-ups with both hands touching the foot pads.

**New score 133**

**Polly McKinstry** - Zero Score: Athlete did not show any of the required measurements for floor layout.

**New score 0**

**Ari Nurminen** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.

**New score 155**

**Nancy Mazur** - Major penalty: Incorrect measurement used for handstand push-up line.

**New score 119**

**Brenda Mullaney** - Zero Score: Athlete's head never touched the mat during the handstand push-ups.

**New score 0**

**Terry O'Brien** - Major penalty: Athlete failed to return to the lockout position with the heels on the wall during the handstand push-up for a significant number of reps.

**New score 95**

**Debbie Corwin** - Zero Score: Athlete's head never touched the mat during the handstand push-ups.  
**New score 0**

**Jay Wade** - Major penalty: Athlete took shoes off during 1st round of handstand push-ups.  
**New score 3**

**Elvin Quinones** - Major penalty: Athlete set dumbbells down during the overhead walking lunge and did not restart the sections.  
**New score 87**

**Lynne Knapman** - Major penalty: Athletes feet above the height of the bar during the kip and resting on top of the bar during the bar muscle-ups for a significant number of reps.  
**New score 102**

**Susan Clarke** - Major penalty: Athlete failed to fully extend knees and hip on top of the box during the box jumps for a significant number of reps.  
**New score 212**

**Anthony Coletta** - Zero Score: Athlete did not show any of the required measurements for floor layout.  
**New score 0**

**Martha Buttner** - Score adjustment: Athlete was out of view of the camera, score adjusted to reflect work on video.  
**New score 97**

**Chris Estes** - Major penalty: Athlete failed to extend arm and have shoulders in line with the body in the top position of the handstand push-up for a significant number of reps.  
**New score 72**

**Trista Smith** - Minor penalty: Score adjusted to reflect accurate amount of work completed in the 10 minute time cap.  
**New score 271**

**Livia Santana** - Minor penalty: Athlete failed to finish the handstand push up with arms, hips, and legs fully extended and shoulders in line with the body for a small number of reps.  
**New score 159**

**Chiara Silva** - Minor penalty: Score adjusted to reflect accurate amount of work completed in the 10 minute time cap.  
**New score 228**

**Emily Meyer** - Minor penalty: Athlete failed to fully extend hips and knees at the top of the box jump for a small number of reps.  
**New score 73**

**Elizabeth Ness** - Minor penalty: Athlete failed to fully extend hips and knees at the top of the box jump for a small number of reps.

**New score 190**

**Abigail Moore** - Minor penalty: Athlete failed to fully extend hips and knees at the top of the box jump and keep legs straight throughout the handstand push up for a small number of reps.

**New score 156**

**Antonella Abril Sanchez** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 186**

**Brooklynn Sittner** - Minor penalty: Athlete used forearms to push into legs while standing during the box jump for a small number of reps.

**New score 146**

**Mafer Betancourt** - Major penalty: Incorrect measurement used for handstand push-up line

**New score 48**

**Isaiah Weber** - Minor penalty: Athlete failed to fully extend hips and knees at the top of the box jump for a small number of reps.

**New score 199**

**Isaac Rojas** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 208**

**Kyle Muckleroy** - Minor penalty: Athlete failed to extend hips at the top of the handstand push up for a small number of reps.

**New score 211**

**Rafael Candeias** - Minor penalty: Score adjusted to reflect accurate amount of work completed in the 10 minute time cap.

**New score 211**

**Hugo Jansson** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 187**

**Ourtaud Valentin** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 186**

**Brandyn Gaskill** - Minor penalty: Athlete failed to fully extend hips and knees at the top of the box jump for a small number of reps.

**New score 177**

**Jared Richardson** - Minor penalty: Athlete failed to fully extend hips and knees and bring head and shoulders over their hips at the top of the box jump for a small number of reps.

**New score 216**

**Melker Lundin** - Minor penalty: Athlete failed to fully extend hips and knees and bring head and shoulders over their hips at the top of the box jump for a small number of reps.

**New score 183**

**Callum Whelan** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 135**

**Santi Blas Jimenez** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 169**

**Keyton MacInnis** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 174**

**Miley Wade** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 214**

**Phoebe Davis** - Minor penalty: Athlete failed to fully extend hips and knees and bring head and shoulders over their hips at the top of the box jump for a small number of reps.

**New score 187**

**Ludmylla Reis** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 140**

**Leticia Cerqueira** - Minor penalty: Athlete failed to fully extend hips at the top of the box jump for a small number of reps.

**New score 200**

**Ana Laura Cattai** - Minor penalty: Athlete allowed feet to extend wider than hand width during the handstand push up for a small number of reps.

**New score 55**

**Maggie Sullivan** - Minor penalty: Athlete failed to finish the handstand push up with arms, hips, and legs fully extended and shoulders in line with the body for a small number of reps.

**New score 137**

**Kylie Johnson** - Minor penalty: Athlete failed to keep hands in contact with the tape line during the handstand push up for a small number of reps.

**New score 26**

**Ryan Perry** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 107**



**Brooke Buzzell** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 137**

**Jose Pablo Luna Alpizar** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 137**

**Tex Milroy** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 164**

**Oliver Dancause** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 176**

**Reed Sims** - Minor penalty: Athlete failed to fully extend hips and knees and bring head and shoulders over their hips at the top of the box jump for a small number of reps.

**New score 183**

**Radly Rousseau** - Minor penalty: Athlete failed to fully extend hips and knees and bring head and shoulders over their hips at the top of the box jump for a small number of reps.

**New score 156**

**Isaac Bussiere** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 167**

**Mourad Kady** - Minor penalty: Athlete failed to fully extend hips and knees and bring head and shoulders over their hips at the top of the box jump for a small number of reps.

**New score 177**

**Nathan Vernerey** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 161**

**Lars Kristensen** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups and failed to fully extend hips at the top of the box jump for a small number of reps.

**New score 239**

**Daniel Karbacher** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Richard Froning Jr.** - Minor penalty: Score adjusted to reflect accurate amount of work performed within the 10 minute time cap.

**New score 243**

**Frederik Aegidius** - Minor penalty: Score adjusted to reflect accurate amount of work performed within the 10 minute time cap.

**New score 230**

**Rafal Gil** - Minor penalty: Score adjusted to reflect accurate amount of work performed within the 10 minute time cap and athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 195**

**Baptiste Atcher** - Major penalty: Athlete used wrong size box for all box jumps.

**New score 15**

**Mark Hutchinson** - Minor penalty: Athlete failed to fully extend hips at the top of the box jump for a small number of reps.

**New score 213**

**Kevin Steinhaus** - Minor penalty: Athlete failed to fully extend hips at the top of the box jump for a small number of reps.

**New score 206**

**Elijah Muhammad** - Minor penalty: Score adjusted to reflect accurate amount of work performed within the 10 minute time cap and athlete placed hands on legs while standing up on the box for a small number of reps.

**New score 205**

**Kyle Ruth** - Minor penalty: Athlete placed hips on the inside of the GHD.

**New score 210**

**Adam Mansy**- Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 198**

**Patrick O'Connell** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Sergey Kryz** - Minor penalty: Athlete failed to fully extend hips at the top of the box jump for a small number of reps.

**New score 219**

**Kyle Tiringer** - Major penalty: Athlete used wrong size box for all box jumps.

**New score 15**

**Christoph Koerner**- Minor penalty: Athlete failed to fully extend hips at the top of the box jump for a small number of reps.

**New score 205**

**Kyle Ruth** - Minor penalty: Athlete placed hips on the inside of the GHD.

**New score 187**

**Mike Holmes** - Minor penalty: Athlete failed to fully extend hips and knees and bring head and shoulders over their hips at the top of the box jump for a small number of reps.

**New score 197**

**Matthew Buehrle** - Minor penalty: Athlete failed to fully extend hips and knees and bring head and shoulders over their hips at the top of the box jump for a small number of reps.

**New score 184**

**Alizee Andreani** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 247**

**Carmen Perez Ruiz** - Minor penalty: Athlete failed to fully extend hips and knees at the top of the box jump for a small number of reps.

**New score 236**

**Natalia Kaczmarska** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 195**

**Camila Murakami** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 202**

**Annika Roberts** - Minor penalty: Athlete failed to fully extend hips at the top of the box jump for a small number of reps.

**New score 190**

**Fatima Artola** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Em Day Gooch** - Minor penalty: False start and athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 199**

**Chelsey Hughes** - Minor penalty: Athlete failed to complete the prescribed number of box jumps during a round and failed to fully extend hips and knees and bring head and shoulders over their hips at the top of the box jump for a small number of reps.

**New score 202**

**Rachel Murphy** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 227**

**Danielle Nogueira** - Minor penalty: Score adjusted to reflect accurate amount of work performed within the 10 minute time cap.

**New score 199**

**Jay-Lee Mansy** - Minor penalty: Athlete failed to fully extend hips and knees and bring head and shoulders over their hips at the top of the box jump for a small number of reps.

**New score 188**

**Ryan Woodall** - Minor penalty: Athlete failed to fully extend knees at the top of the box jump for a small number of reps.  
**New score 206**

**HyeongJae Park** - Minor penalty: False start penalty.  
**New score 199**

**Guido Trinidad** - Minor penalty: Athlete failed to touch the foot pads with both hands at the end of the GHD sit ups for a small number of reps.  
**New score 201**

**Kevin Jones** - Minor penalty: Athlete failed to fully extend arms and bring shoulders in line with the body at the top of the handstand push up for a small number of reps.  
**New score 196**

**Paul Delanoy** - Minor penalty: Score adjusted to reflect accurate amount of work performed within the 10 minute time cap and athlete failed to touch the ground at the bottom of the GHD sit up for a small number of reps.  
**New score 198**

**Danny Hale** - Minor penalty: Athlete failed to fully extend hips at the top of the box jump for a small number of reps.  
**New score 178**

**Kasper Myrup** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.  
**New score 214**

**Caine Hayes** - Minor penalty: Athlete failed to fully extend hips at the top of the box jump for a small number of reps.  
**New score 193**

**Paco Bravo** - Minor penalty: Athlete failed to fully extend hips and knees at the top of the box jump for a small number of reps.  
**New score 189**

**Chuck Brehm** - Minor penalty: Score adjusted to reflect accurate amount of work performed within the 10 minute time cap and athlete failed to touch the foot pads with both hands at the beginning of the GHD sit up for a small number of reps.  
**New score 196**

**Billy Howard** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**David Quemada** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.  
**New score 234**

**Ministeri Franck** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Clint DeSoto** - Minor penalty: Score adjusted to reflect accurate amount of work performed within the 10 minute time cap.  
**New score 189**

**Katrina LaClair** - Minor penalty: Athlete failed to perform the prescribed number of box jumps in a round for a small number of reps.  
**New score 194**

**Carly Newlands** - Minor penalty: Athlete failed to touch the foot pads or the ground with both hands during the GHD sit ups for a small number of reps.  
**New score 190**

**Pascale Boukerrou** - Major penalty: Athlete used wrong size box for all box jumps.  
**New score 15**

**Abby Carvell** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.  
**New score 223**

**Rebecca Voigt Miller** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.  
**New score 200**

**Kayla Johnson** - Minor penalty: Athlete failed to finish with head and shoulders over the hips at the top of the box jump for a small number of reps.  
**New score 190**

**Heather Gammel** - Minor penalty: Athlete failed to fully extend hips and knees and bring head and shoulders over their hips at the top of the box jump for a small number of reps.  
**New score 206**

**Karen Ros Saemundardottir** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.  
**New score 188**

**Neroli Sullivan** - Score adjustment: Score adjusted to reflect accurate amount of work performed within the 10 minute time cap.  
**New score 139**

**Caitlin Moses** - Minor penalty: Athlete failed to fully extend hips and knees at the top of the box jump for a small number of reps.  
**New score 239**

**Natalie Gowen** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.  
**New score 220**

**Jennifer Howitt** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 220**

**Elma Ducic** - Major penalty: Athlete used wrong size box for all box jumps.

**New score 15**

**Dionne Gutierrez** - Minor penalty: Score adjusted to reflect accurate amount of work performed within the 10 minute time cap and athlete failed to fully extend hips and knees at the top of the box jump for a small number of reps.

**New score 163**

**Stefani Graham** - Minor penalty: Athlete failed to fully extend hips and knees or used hands to push into legs while standing at the top of the box jump for a small number of reps.

**New score 154**

**Jessica Casas** - Minor penalty: Score adjusted to reflect accurate amount of work performed within the 10 minute time cap.

**New score 166**

**Elizabeth Lane** - Minor penalty: Head and hands were placed on uneven surfaces during the handstand push up for a small number of reps.

**New score 135**

**Janet Dichter** - Minor penalty: Athlete failed to fully extend hips at the top of the box jump for a small number of reps.

**New score 203**

**Lizzy Carson** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 193**

**Art Hamilton** - Minor penalty: Athlete failed to start the handstand push up set by performing a proper wall walk, failed to touch the foot pads with both hands at the beginning of the GHD sit ups, and failed to perform the prescribed number of box jumps in a round for a small number of reps.

**New score 194**

**Gerar Garcia** - Minor penalty: Score adjusted to reflect accurate amount of work performed within the 10 minute time cap.

**New score 189**

**Andrea Di Salvatore** - Minor penalty: Athlete failed to perform the prescribed number of box jumps in a round for a small number of reps.

**New score 176**

**Matty Haydon** - Minor penalty: Athlete placed hips on the inside of the GHD.

**New score 181**

**Spencer Whiteley** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups and failed to fully extend hips at the top of the box jumps in a round for a small number of reps.

**New score 169**

**Lawrence Jacobs** - Minor penalty: Score adjusted to reflect accurate amount of work performed within the 10 minute time cap.

**New score 181**

**Jason Corn** - Minor penalty: Athlete used hands to push into legs while standing at the top of the box jump for a few number of reps.

**New score 166**

**Dennis Marshall** - Minor penalty: Score adjusted to reflect accurate amount of work performed within the 10 minute time cap and athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 177**

**Christopher Anderson** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups and failed to fully extend hips and knees at the top of the box jumps in a round for a small number of reps.

**New score 206**

**Jeffrey DiPerna** - Minor penalty: Athlete placed hips on the inside of the GHD.

**New score 162**

**Neilson Eznack** - Minor penalty: Athlete failed to fully extend arms at the top of the handstand push up for a small number of reps.

**New score 216**

**Nuno Crespo** - Major penalty: Athlete used wrong size box for all box jumps.

**New score 15**

**Joey Hoehsmann** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 162**

**Mike Dudevoir** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 158**

**Ivan Ayllon** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 190**

**Franck Attieh** - Minor penalty: Athlete failed to start the handstand push up set by performing a proper wall walk, failed to touch the foot pads with both hands at the beginning of the GHD sit ups, and failed to extend hips and knees at the top of the box jumps in a round for a small number of reps.

**New score 168**

**Blake Redd** - Minor penalty: Athlete failed to fully extend hips and knees at the top of the box jump for a small number of reps.

**New score 172**

**Tiago Lopes** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 182**

**Peter Andersson** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 158**

**Jennifer Dieter** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups and failed to extend hips and knees at the top of the box jump for a small number of reps.

**New score 205**

**Carolina Gutierrez** - Minor penalty: Athlete failed to extend hips at the top of the box jump for a small number of reps.

**New score 180**

**Anna Quost** - Minor penalty: Score adjusted to reflect accurate amount of work performed within the 10 minute time cap.

**New score 183**

**Jen Kinsella** - Minor penalty: Athlete failed to start the handstand push up set by performing a proper wall walk and failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 172**

**Jaci Cale** - Minor penalty: Athlete failed to finish with arms and shoulder in line with the body at the top of the handstand push up for a small number of reps.

**New score 196**

**Monica Marigliano** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups and failed to extend hips at the top of the box jump for a small number of reps.

**New score 181**

**Stephanie Smith** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 163**

**Angelie Penney** - Score adjusted to reflect accurate amount of work performed within the 10 minute time cap and athlete failed to extend hips at the top of the box jump for a small number of reps.

**New score 195**

**Lone Skyum** - Minor penalty: Athlete failed to extend arms and shoulders at the top or touch head to the ground at the bottom of the handstand push ups, failed to touch the foot pads with both hands at the



beginning of the GHD sit ups, and failed to extend hips at the top of the box jump for a small number of reps.

**New score 146**

**Ali Crawford** - Minor penalty: Athlete failed to start the handstand push up set by performing a proper wall walk for a small number of reps.

**New score 160**

**Laura Nielsen** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 188**

**Heather Wood** - Score adjusted to reflect accurate amount of work performed within the 10 minute time cap.

**New score 195**

**Kim Mullins** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 171**

**Heidi Dausman** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 187**

**Sonia Ashkenazy** - Score adjusted to reflect accurate amount of work performed within the 10 minute time cap.

**New score 198**

**Isabelle Forest** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Aida Koeplinger** - Score adjusted to reflect accurate amount of work performed within the 10 minute time cap.

**New score 205**

**Janaina Barduco Garcia** - Minor penalty: Athlete failed to extend hips and knees at the top of the box jump for a small number of reps.

**New score 175**

**Megan Menzel** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Jenn Short** - Minor penalty: Athlete failed to touch the foot pads with both hands at the end of the GHD sit ups for a small number of reps.

**New score 134**

**Meghan Ward** - Minor penalty: Athlete failed to extend hips at the top of the box jump for a small number of reps.

**New score 150**

**Giulio Silvino** - Minor penalty: Score adjusted to reflect accurate amount of work performed within the 10 minute time cap.  
**New score 155**

**Eric C. Smith** - Minor penalty: Athlete failed to touch the foot pads with both hands at the end of the GHD sit ups for a small number of reps.  
**New score 204**

**Roan Low** - Minor penalty: Athlete failed to extend knees at the top of the box jump for a small number of reps.  
**New score 178**

**Ian Banks** - Minor penalty: Athlete failed to extend arms at the top of the handstand push up for a small number of reps.  
**New score 160**

**Stacy Boaz** - Minor penalty: Athlete failed to touch the foot pads with both hands at the end of the GHD sit ups for a small number of reps.  
**New score 167**

**James Carkner** - Minor penalty: Athlete failed to touch the foot pads with both hands during the GHD sit ups for a small number of reps.  
**New score 159**

**Michael White** - Minor penalty: Athlete failed to touch the foot pads with both hands at the end of the GHD sit ups for a small number of reps.  
**New score 157**

**Clay Hamilton** - Minor penalty: Athlete failed to touch the foot pads with both hands at the end of the GHD sit ups for a small number of reps.  
**New score 165**

**Aaron Brown** - Minor penalty: Athlete failed to touch the foot pads with both hands at the end of the GHD sit ups for a small number of reps.  
**New score 139**

**Matt Malan** - Minor penalty: Athlete failed to touch the foot pads with both hands at the end of the GHD sit ups and failed to extend hips and knees at the top of the box jump for a small number of reps.  
**New score 158**

**Massimo Cruciani** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Renard Khooda** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Jean-Etienne Boillot** - Minor penalty: Athlete failed to touch the foot pads with both hands at the end of the GHD sit ups for a small number of reps.

**New score 184**

**Nathan Loren** - Minor penalty: Athlete failed to touch the foot pads with both hands at the end of the GHD sit ups for a small number of reps.

**New score 160**

**Wilson Carvalho** - Minor penalty: Score adjusted to reflect accurate amount of work performed within the 10 minute time cap.

**New score 178**

**Darren Skeese** - Minor penalty: Athlete failed to start the handstand push up set by performing a proper wall walk and failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 148**

**Cindy Hinkle** - Minor penalty: Athlete failed to touch the foot pads with both hands at the end of the GHD sit ups for a small number of reps.

**New score 138**

**Elena Kulik** - Minor penalty: Athlete failed to touch the foot pads with both hands at the end of the GHD sit ups for a small number of reps.

**New score 130**

**Tara Gemer** - Minor penalty: Score adjusted to reflect accurate amount of work performed within the 10 minute time cap.

**New score 114**

**Kerry Jach** - Minor penalty: Athlete failed to touch the foot pads with both hands at the end of the GHD sit ups for a small number of reps.

**New score 111**

**Annie Malone** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Stella Bartram** - Minor penalty: Athlete failed to touch the foot pads with both hands at the end of the GHD sit ups for a small number of reps.

**New score 82**

**Kimi Boutilier** - Minor penalty: Athlete failed to touch the foot pads with both hands at the end of the GHD sit ups for a small number of reps.

**New score 137**

**Jennifer Norman** - Minor penalty: Athlete failed to touch the foot pads with both hands at the end of the GHD sit ups and failed to extend hips and knees at the top of the box jump for a small number of reps.

**New score 81**

**Leonardo Wernersbach Lima** - Minor penalty: Score adjusted to reflect accurate amount of work performed within the 10 minute time cap.

**New score 206**

**John Kim** - Minor penalty: Athlete failed to touch the foot pads with both hands at the end of the GHD sit ups for a small number of reps.

**New score 220**

**Pat Crosby** - Minor penalty: Athlete failed to touch the foot pads with both hands at the end of the GHD sit ups for a small number of reps.

**New score 197**

**Antonio Boldrini** - Minor penalty: Athlete failed to touch the foot pads with both hands at the end of the GHD sit ups and failed to extend hips and knees at the top of the box jump for a small number of reps.

**New score 221**

**Chris Roe** - Minor penalty: Athlete failed to extend hips and knees at the top of the box jump for a small number of reps.

**New score 212**

**Michael Bartalo** - Minor penalty: Score adjusted to reflect accurate amount of work performed within the 10 minute time cap and athlete failed to keep both heels on the wall at the top of the handstand push up for a small number of reps.

**New score 199**

**Rick Stephano** - Minor penalty: Athlete failed to keep both heels on the wall at the top or start the repetition at full lockout before descending to the bottom of the handstand push up for a small number of reps.

**New score 224**

**Charlie Pokorny** - Minor penalty: Athlete failed to touch the foot pads with both hands at the end of the GHD sit ups for a small number of reps.

**New score 188**

**Bob Vera** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Kevin McVey** - Minor penalty: Athlete failed to touch the foot pads with both hands at the end of the GHD sit ups for a small number of reps.

**New score 229**

**Liemerson Caporalli** - Minor penalty: Athlete failed to keep both heels on the wall at the top of the handstand push up for a small number of reps.

**New score 148**

**David Usandizaga** - Minor penalty: Athlete failed to touch the foot pads with both hands during the GHD sit ups for a small number of reps.

**New score 192**

**Steve Grohn** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 192**

**Richard Alm** - Minor penalty: Athlete failed to touch the foot pads with both hands during the GHD sit ups and failed to fully extend knees and hips at the top of the box jump for a small number of reps.  
**New score 172**

**James Roush** - Minor penalty: False start penalty.  
**New score 192**

**Andrew Denham** - Minor penalty: Athlete failed to fully extend knees and hips or pressed arms into legs while standing at the top of the box jump for a small number of reps.  
**New score 214**

**Amy Simpson** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.  
**New score 240**

**Robin Nickel** - Minor penalty: Athlete failed to touch the foot pads with both hands during the GHD sit ups for a small number of reps.  
**New score 204**

**Marcha Van Glaanen Weygel** - Minor penalty: Athlete failed to touch the foot pads with both hands during the GHD sit ups and failed to extend hips at the top of the box jump for a small number of reps.  
**New score 198**

**Linda Elstun** - Minor penalty: Score adjusted to reflect accurate amount of work performed within the 10 minute time cap.  
**New score 210**

**Ann Marie Hubbard** - Minor penalty: Score adjusted to reflect accurate amount of work performed within the 10 minute time cap.  
**New score 244**

**Faith Hohaia** - Minor penalty: Athlete failed to extend hips at the top of the box jump for a small number of reps.  
**New score 214**

**Laurie Meschishnick** - Minor penalty: Athlete failed to begin the handstand push up with arms fully locked out and failed to extend hips and knees at the top of the box jump for a small number of reps.  
**New score 218**

**Claudia Jacober** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.  
**New score 218**

**Lynne Watt** - Minor penalty: Athlete failed to extend hips and knees at the top of the box jump for a small number of reps.  
**New score 229**

**Kylie Jonasson** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 193**

**Nathalie Poulin** - Minor penalty: Score adjusted to reflect accurate amount of work performed within the 10 minute time cap, athlete failed to keep both heels on the wall at the top of the handstand push up, and failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 134**

**Janelle Connors** - Minor penalty: Score adjusted to reflect accurate amount of work performed within the 10 minute time cap.

**New score 166**

**Dave Wallden** - Minor penalty: Athlete failed to touch the ground with both hands during the GHD sit ups for a small number of reps.

**New score 233**

**Serge Thibault** - Minor penalty: Score adjusted to reflect accurate amount of work performed within the 10 minute time cap.

**New score 160**

**Scott Jackson** - Zero score: Athlete did not show any of the required measurements for floor layout.

**New score 0**

**Gerardo Schiatti** - Minor penalty: Athlete failed to keep both heels on the wall at the top of the handstand push up and failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 107**

**David Ellks** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Tito Francino** - Minor penalty: Athlete failed to keep both heels on the wall at the top of the handstand push up and failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 213**

**Matt Arnaiz** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 196**

**Nicolette Dunstone** - Minor penalty: Athlete failed to keep both heels on the wall at the top of the handstand push up for a small number of reps.

**New score 202**

**Nancy Edmonson** - Minor penalty: Athlete failed to establish a position of full arm extension prior to beginning the handstand push up for a small number of reps.

**New score 104**

**Debbie Downing** - Minor penalty: Athlete failed to touch head to the ground at the bottom of the handstand push up for a small number of reps.

**New score 78**

**Diana Towne** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Jeanne Polishak** - Minor penalty: Athlete failed to keep both heels on the wall at the top of the handstand push up and failed to extend hips at the top of the box jump for a small number of reps.

**New score 157**

**Denise Moore** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups and failed to extend hips at the top of the box jump for a small number of reps.

**New score 93**

**Jane Jones** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 139**

**Judy Fearer** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Suzanne Chiovitti** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Jennifer Zender** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Anne Cabrera** - Minor penalty: Athlete failed to keep both heels on the wall at the top of the handstand push up, failed to touch foot pads with both hands at the start of the GHD sit ups, and failed to extend hips at the top of the box jump for a small number of reps.

**New score 159**

**David Hippensteel** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 166**

**Donald King** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 134**

**Ted Leger** - Minor penalty: Athlete used a kip on the handstand push up, failed to keep feet in contact with the wall at the top of the handstand push up, and failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 127**

**James Botti** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Lynn Fisher** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Larry Cohen** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Charles Banik** - Zero score: Athlete did not show any of the required measurements for floor layout.  
**New score 0**

**Hugo Braun** - Minor penalty: False start penalty.  
**New score 39**

**Donald Brignac** - Minor penalty: Athlete failed to establish a position of full arm extension prior to beginning the handstand push up or failed to keep both heels on the wall at the top of the handstand push up for a small number of reps.  
**New score 168**

**Robert Biale** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups and failed to fully extend hips and knees at the top of the box jump for a small number of reps.  
**New score 153**

**Matt Bell** - Minor penalty: Athlete failed to establish a position of full arm extension prior to beginning the handstand push up and failed to extend hips and knees at the top of the box jump for a small number of reps.  
**New score 150**

**Michael Anderson** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.  
**New score 136**

**Consuelo Cruz** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.  
**New score 133**

**Merilyn Douglass** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.  
**New score 106**

**Susan Carter** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.  
**New score 107**

**Marcia Yager** - Minor penalty: Athlete failed to perform the prescribed number of repetitions in a round of handstand push ups and failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.  
**New score 110**



**Martha Buttner** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 107**

**Theresa Dwyer** - Minor penalty: Athlete failed to keep both heels on the wall at the top of the handstand push up for a small number of reps.

**New score 108**

**Deb Davis** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Piera Limito** - Minor penalty: Athlete failed to touch head to the ground at the bottom of the handstand push up for a small number of reps.

**New score 28**

**Sharon Wulbrecht** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Madonna Bowden** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups and failed to extend hips at the top of the box jump for a small number of reps.

**New score 103**

**Pam Rossini** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Magnus Parnerteg** - Minor penalty: Athlete failed to keep feet in contact with the wall at the top of the handstand push up, failed to touch the foot pads with both hands at the beginning of the GHD sit ups, and failed to extend hips and knees at the top of the box jump for a small number of reps.

**New score 133**

**Randy Lane** - Minor penalty: Athlete failed to extend arms at the top of the handstand push up for a small number of reps.

**New score 124**

**Elvin Quinones** - Minor penalty: Athlete failed to touch the foot pads with both hands at the beginning of the GHD sit ups for a small number of reps.

**New score 162**

**Gary Davis** - Minor penalty: Athlete failed to extend arms at the top of the handstand push up for a small number of reps.

**New score 76**

**David Dami** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Tony Kubitschek** - Minor penalty: Athlete failed to extend arms at the top of the handstand push up before kicking down to the ground for a small number of reps.

**New score 162**

**Joe Hunter** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Test 2B:**

**Sheryl Boyd** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 155**

**Patrick Sprague** - Minor penalty: Athlete's score was adjusted to reflect the actual amount lifted.  
**New score 244**

**David Finazzo** - Minor penalty: Athlete's score was adjusted to reflect the actual amount lifted.  
**New score 274**

**Kevai Ceran Jerusalemy** - Zero score: Athlete did not wear shoes during test.  
**New score 0**

**Debbie Blank** - Zero score: Athlete failed to provide a working video submission of the complete test.  
**New score 0**

**Gabi Napper** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 244**

**Hamali Binding** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 200**

**Chiara Silva** - Minor penalty: Athlete did not clearly film all plates/barbell used for lift and score was modified to what could be verified.  
**New score 178**

**Baylee Garnto** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 189**

**Kendall Gilmore** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 181**

**Lina Bauer** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 211**

**Isaia Weber** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 332**

**Rafael Candeias** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 288**

**Ka'eo Subiono** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 286**

**Conor Blycha** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 297**

**Illan James** - Minor penalty: Athlete did not clearly film all plates/barbell used for lift and score was modified to what could be verified.  
**New score 268**

**Jared Richardson** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 222**

**Dima Pomazan** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 286**

**Lorenzo Pitruzzello** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 264**

**Dalton Vogt** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 279**

**Mira Varga** - Minor penalty: Score adjusted to reflect accurate weight lifted by athlete.  
**New score 176**

**Ada Ervin** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 204**

**Leticia Cerqueira** - Minor penalty: Athlete did not clearly film all plates/barbell used for lift and score was modified to what could be verified.  
**New score 176**

**Ana Laura Cattai** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 223**

**Jaycee Kraft** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 166**

**Mafer Betancourt** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 163**

**Claudia Ramirez** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 143**

**Ryan Perry** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 163**

**Brooke Buzzell** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 168**

**Mak Isbill** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 141**

**Ava Rose Male** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 156**

**Jeremie Jourdan** - Minor penalty: Score adjusted to reflect accurate weight lifted by athlete.  
**New score 248**

**Pau Martin Tiers** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 235**

**Samuel Sloboda** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 254**

**Cesar Tihista** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 253**

**Akil Lopez** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 200**

**Leonardo Cruz** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 208**

**Caden Cleaveland** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 226**

**Hashem Sallam** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 224**

**Rhylee Schmidt** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 207**

**Radly Rousseau** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 221**

**Isaac Bussiere** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 196**

**Mathieu Beaudoin** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 184**

**Facundo Salica** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 222**

**Cristian Alejandro** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 209**

**Arthur Cote** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 209**

**Noah Prieur** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 252**

**Joe Hunter** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Harley Cek** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 242**

**Max Pierre Souza Aragão** - Minor penalty: Athlete did not clearly film all plates/barbell used for lift and score was modified to what could be verified.  
**New score 264**

**Gianpiero Prato** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 254**

**Eduardo Correa** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 214**

**James Michael Walters** - Minor penalty: Athlete did not clearly film all plates/barbell used for lift and score was modified to what could be verified.  
**New score 361**

**Jimmy Woodard** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 364**

**Paul Tremblay** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 364**

**Blake Kidder** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Breno Pinheiro** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 354**

**Mark Hutchinson**- Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 347**

**Frederik Aegidius** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 332**

**Lars Kristensen** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 321**

**Elijah Muhammad** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 351**

**Diego Jimenez** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 318**

**Josh Marunde** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 319**

**Nick Roberts** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 341**

**Adam Mansy** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 334**

**Patrick O'Connell** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Jason Smith** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 324**

**Mariano Bilbao** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 319**

**Nick Aranda** - Minor penalty: Athlete did not clearly film all plates/barbell used for lift and score was modified to what could be verified.  
**New score 337**

**Ben Stoneberg** - Minor penalty: Athlete did not clearly film all plates/barbell used for lift and score was modified to what could be verified.  
**New score 314**

**Charles Kackert** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 352**

**Will Kane** - Minor penalty: Score adjusted to reflect accurate weight lifted by athlete.  
**New score 308**

**Cristian Rechichi** - Minor penalty: Score adjusted to reflect accurate weight lifted by athlete.  
**New score 297**

**Matthew Buehrle** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 337**

**Katrina Rasmussen** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Susan Plakke** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 244**

**Vicky Chmura** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 235**

**Joelene Neville** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 235**

**Danielle Nickle** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Melody Andreani** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 223**

**Fatima Artola** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Jay-Lee Mansy** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 211**

**Tiffany Normandin** - Minor penalty: Score adjusted to reflect accurate weight lifted by athlete.

**New score 199**

**Jessica Core** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 215**

**Evannn Scibek** - Minor penalty: Athlete did not clearly film all plates/barbell used for lift and score was modified to what could be verified.

**New score 209**

**Laura Stevenson** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 201**

**Alizee Andreani** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 198**

**Paul Delanoy** - Minor penalty: Score adjusted to reflect accurate weight lifted by athlete.

**New score 304**

**Paco Bravo** - Minor penalty: Score adjusted to reflect accurate weight lifted by athlete.

**New score 310**

**Jonathan Varela** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.

**New score 312**

**Justin Brewer** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.

**New score 316**

**David Harvey** - Minor penalty: Score adjusted to reflect accurate weight lifted by athlete.

**New score 312**

**Baptiste Tellechea** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.

**New score 365**

**TW Norman** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs and score adjusted to reflect last weight successfully cleaned before the 5 minute time cap.

**New score 349**

**Patrick Davis** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.

**New score 341**

**Nick Seifrit** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Chris Reil** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.

**New score 286**

**Austin Medford** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.

**New score 319**

**Andy Timm** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.

**New score 305**

**Rachel Green** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 228**

**Amanda Cummins** - Minor penalty: Score adjusted to reflect accurate weight lifted by athlete.

**New score 216**

**Rachel Cesa** - Minor penalty: Athlete did not clearly film all plates/barbell used for lift and score was modified to what could be verified.

**New score 212**

**Julia Kenyon** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 223**

**Pascale Boukerrou** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 207**

**Karen Ros Saemundardottir** - Minor penalty: Score adjusted to reflect accurate weight lifted by athlete.

**New score 211**

**Marisela Sanchez** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 247**

**Elma Ducic** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 228**

**Dionne Gutierrez** - Minor penalty: Score adjusted to reflect accurate weight lifted by athlete.

**New score 216**

**Karli DeMonico** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 191**



**Art Hamilton** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 306**

**Gerar Garcia** - Minor penalty: Score adjusted to reflect accurate weight lifted by athlete.  
**New score 268**

**Paul DesRoches II** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 284**

**Andrea Di Salvatore** - Minor penalty: Score adjusted to reflect accurate weight lifted by athlete.  
**New score 292**

**Ryan Bretag** - Minor penalty: Score adjusted to reflect accurate weight lifted by athlete.  
**New score 318**

**Spencer Whiteley** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 286**

**Lawrence Jacobs** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 321**

**Dennis Marshall** - Minor penalty: Score adjusted to reflect accurate weight lifted by athlete.  
**New score 306**

**Dustin Owen** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 266**

**Luiz Renato Oliveira** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 274**

**Ramon Luis Benitez** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Jeremy Tucker** - Minor penalty: Score adjusted to reflect accurate weight lifted by athlete.  
**New score 304**

**Joey Hoechsmann** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 301**

**David Levey** - Minor penalty: Score adjusted to reflect accurate weight lifted by athlete.  
**New score 299**

**Mike Dudevoir** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 294**

**Seth McKern** - Minor penalty: Athlete did not clearly film all plates/barbell used for lift and score was modified to what could be verified.  
**New score 274**

**Bradley Pritchard** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 264**

**Franck Attieh** - Minor penalty: Athlete did not clearly film all plates/barbell used for lift and score was modified to what could be verified.  
**New score 255**

**Tiago Lopes** - Minor penalty: Score adjusted to reflect accurate weight lifted by athlete.  
**New score 270**

**Gabriela Azevedo** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 203**

**Monica Marigliano** - Minor penalty: Score adjusted to reflect accurate weight lifted by athlete.  
**New score 189**

**Stephanie Smith** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 198**

**Marianne Flannery** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 198**

**Jen Bottcher** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 191**

**Lone Skyum** - Minor penalty: Score adjusted to reflect accurate weight lifted by athlete.  
**New score 198**

**Laura Nielsen** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 196**

**Kim Mullins** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 225**

**Jennifer Foret** - Minor penalty: Score adjusted to reflect accurate weight lifted by athlete.  
**New score 216**

**Molly Anderson** - Zero score: Athlete failed to provide a working video submission Test 2 in full.  
**New score 0**

**Lisa Thiel** - Minor penalty: Score adjusted to reflect accurate weight lifted by athlete.  
**New score 205**

**Annmaree Feuss** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 191**

**Megan Menzel** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Barbara Macaluso** - Minor penalty: Score adjusted to reflect accurate weight lifted by athlete.  
**New score 167**

**Meghan Ward** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 175**

**Jason Leeves** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 292**

**Giulio Silvino** - Minor penalty: Score adjusted to reflect accurate weight lifted by athlete.  
**New score 312**

**Eric C. Smith** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 261**

**Roan Low** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 261**

**Ian Banks** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 279**

**Massusinei Silva** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 264**

**James Carkner** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 256**

**Michael White** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 259**

**Clay Hamilton** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 246**

**Alex Devyatov** - Minor penalty: Athlete did not clearly film all plates/barbell used for lift and score was modified to what could be verified.  
**New score 254**

**Matt Malan** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 241**

**Ben Levi** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 266**

**Shannon McKay** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 271**

**David Finazzo** - Minor penalty: Athlete did not clearly film all plates/barbell used for lift and score was modified to what could be verified.

**New score 274**

**Greg Merkac** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 282**

**Jason Adkins** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 306**

**Brian Clapp** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Adam C. Smith** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 286**

**Corey Borolien** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 236**

**Darren Skeese** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 239**

**Anders Amren** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 253**

**Jody Hendrix** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 251**

**Mike Fry** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 248**

**Jamie Thurber** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 241**

**Glenn Nelson** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 276**

**Mark Ziolkowski** - Minor penalty: Score adjusted to reflect accurate weight lifted by athlete.  
**New score 303**

**Richard Alm** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 266**

**David Usandizaga** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 257**

**Raul Castiñeira** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 211**

**Matt Beals** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.

**New score 236**

**James Roush** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.

**New score 206**

**Julie Rappaport** - Minor penalty: Athlete did not clearly film all plates/barbell used for lift and score was modified to what could be verified.

**New score 175**

**Julie Ackermann** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 175**

**Cheryl Brost** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 191**

**Janne Naomi Rorvik** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 165**

**Jennifer Donaldson** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 170**

**Deanna Hoffman** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 165**

**Kryssie Chandler** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 165**

**Tara Phillion** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 178**

**Alyssa Rosinski** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 165**

**Kimi Boutilier** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 198**

**Erin Boensch** - Minor penalty: Athlete did not clearly film all plates/barbell used for lift and score was modified to what could be verified.

**New score 195**

**LaJeanna Ray** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Annie Malone** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Tia Tockstein** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 156**

**Joyanne Cooper** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 183**

**Tara Blankenship** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 165**

**Jennifer Norman** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 175**

**Debbie Blank** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Tammi Saunders** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 153**

**Cici Fougere** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 160**

**Kim Stambaugh** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 165**

**Carmen Kassinger** - Minor penalty: Athlete did not clearly film all plates/barbell used for lift and score was modified to what could be verified.  
**New score 153**

**Beth Licopoli** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 160**

**Maricruz Prieto** - Minor penalty: Score adjusted to reflect accurate weight lifted by athlete.  
**New score 185**

**Josée Sarda** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 145**

**Karla Carpenter** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 148**

**Marni Kallins** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 141**

**Amber Stewart** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 153**

**Kristi Lunny** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 153**

**Nathalie Poulin** - Minor penalty: Athlete did not clearly film all plates/barbell used for lift and score was modified to what could be verified.  
**New score 148**

**Kari Lindman** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 148**

**Patti Laughlin** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Andrea Thomasson** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 168**

**David Gantz** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 226**

**Scott Jackson** - Minor penalty: Athlete did not clearly film all plates/barbell used for lift and score was modified to what could be verified.  
**New score 209**

**Jon Schatz** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 220**

**David Ellks** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Kent Kitagawa** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 186**

**Tito Francino** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 209**

**Matt Arnaiz** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.  
**New score 196**

**Steven Smiley** - Minor penalty: Athlete did not clearly film all plates/barbell used for lift and score was modified to what could be verified.  
**New score 174**

**Sheryl Boyd** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 155**

**Karen Smith** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 136**

**Suzanne Boyd** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.  
**New score 146**

**Diana Towne** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Anne Cabrera** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 115**

**Judy Fearer** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Giannina Titus** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 160**

**Debbie Corwin** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 151**

**Litsa Olsson** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 150**

**Freddie Cherry** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.

**New score 196**

**John George** - Minor penalty: Athlete did not clearly film all plates/barbell used for lift and score was modified to what could be verified.

**New score 189**

**Don Ashton** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Donald Brignac** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.

**New score 165**

**Bud Vazquez** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.

**New score 194**

**Brian Palmer** - Minor penalty: Athlete did not clearly film all plates/barbell used for lift and score was modified to what could be verified.

**New score 219**

**Tim Fox** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Steve Lammers** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Martha Redinger** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 120**

**Polly McKinstry** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Jacquelyn Nolan** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 100**



**Cynthia Hagan** - Minor penalty: Athlete did not clearly film all plates/barbell used for lift and score was modified to what could be verified.

**New score 120**

**Judy Wagner** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Querida Masters** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 114**

**Sharon Wulbrecht** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Debbie Brooks** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 125**

**Nancy Mazur** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 125**

**Brenda Mullaney** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 134**

**Susan Larson** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 123**

**Pam Rossini** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Terry O'Brien** - Minor penalty: Score adjusted to account for 15kg barbell conversion to 33 lbs.

**New score 128**

**Shannon Aiken** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.

**New score 206**

**Richard Viera** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.

**New score 196**

**Erik Smith** - Minor penalty: Score adjusted to reflect accurate weight lifted by athlete.

**New score 191**

**Gary Davis** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.

**New score 161**

**David Dami** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Tony Kubitschek** - Minor penalty: Score adjusted to account for 20kg barbell conversion to 44 lbs.

**New score 226**

**Test 3:**

**Jean Sebastien Brebion** - Major penalty: Athlete ran 25 of the required 50 shuttle runs.  
**New score 25**

**Eric Papp** - Major penalty: Athlete ran 25 of the required 50 shuttle runs.  
**New score 25**

**Matteo Pons** - Major penalty: Athlete ran 25 of the required 50 shuttle runs.  
**New score 25**

**Kirill Karasev** - Major penalty: Athlete ran 25 of the required 50 shuttle runs.  
**New score 25**

**Austin Medford** - Zero Score: Athlete did not show any of the required measurements for floor layout.  
**New score 0**

**Will Burley** - Major penalty: Athlete ran 39 of the required 50 shuttle runs.  
**New score 39**

**Will Burley** - Major penalty: Athlete ran 25 of the required 50 shuttle runs.  
**New score 25**

**Jake Anderson** - Zero Score: Athlete did not show any of the required measurements for floor layout.  
**New score 0**

**Kimi Boutilier** - Major penalty: Athlete out of view of the camera at one end of the shuttle run for a significant number of reps.  
**New score 82**

**Danny Hale** - Major penalty: Athlete failed to keep buttocks in contact with the bench during the bench press for a significant number of reps.  
**New score 21:00**

**David Finazzo** - Zero Score: Athlete edited the video in an attempt to show the required measurements for floor layout.  
**New score 0**

**Stella Bartram** - Major penalty: Athlete could not provide a measurement of the rope height.  
**New score 50**

**Jeffery Barriss** - Zero Score: Athlete did not show any of the required measurements for floor layout.  
**New score 0**

**Emlia Svanbrink** - Major penalty: Incorrect rope measurement for the climbing rope.  
**New score 109**

**Chelsey Hughes** - Major penalty: Athlete out of camera view at the top of the rope climb for a significant number of reps.

**New score 23:24**

**Flavien Conne** - Major penalty: Athlete ran 25 of the required 50 shuttle runs.

**New score 25**

**Dionne Gutierrez** - Major penalty: Athlete ran 44 of the required 50 shuttle runs.

**New score 44**

**Stephanie Blundall** - Major penalty: Athlete ran 24 of the required 50 shuttle runs.

**New score 24**

**Stephanie China** - Major penalty: Incorrect rope height.

**New score 26:06**

**Delaina Snider** - Major penalty: Incorrect rope height.

**New score 23:34**

**Ludmylla Reis** - Major penalty: Athlete rope height to 13 feet not 15 feet.

**New score 50**

**Steve Shock** - Major penalty: Athlete out of view of the camera during the shuttle runs for a significant number of reps.

**New score 26:12**

**Cristian Alejandro** - Major penalty: Athlete ran 25 of the required 50 shuttle runs.

**New score 25**

**Antonella Abril Sanchez** - Major penalty: Athlete rope height measured .15 meter short.

**New score 22:03**

**Facundo Salica** - Major penalty: Athlete failed to keep buttocks in contact with the bench during the bench press for a significant number of reps.

**New score 24:11**

**Dave Wallden** - Zero Score: Athlete did not show any of the required measurements for floor layout.

**New score 0**

**Tayah Bebzuck Marom** - Major penalty: Athlete rope height measured 4 inches short.

**New score 20:47**

**Dima Pomazan** - Major penalty: Athlete used incorrect weight for bench press.

**New score 57**

**Bobbie Walsh** - Major penalty: Athlete ran 44 of the required 50 shuttle runs on his first set.

**New score 44**

**Liliana Wojcik Mirska** - Zero Score: Athlete did not show any of the required measurements for floor layout.

**New score 0**

**Donald King** - Major penalty: Athlete out of view of the camera for the top portion of the rope climb for a significant number of reps.

**New score 26:51**

**Art Hamilton** - Major penalty: Athlete ran 44 of the required 50 shuttle runs on his first set.

**New score 44**

**Aaron Brown** - Major penalty: Athlete rope height measured 5 inches short.

**New score 124**

**Elia Del Olmo** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition.

**New score 17:28**

**Ismene Oyanguren** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition.

**New score 21:57**

**Kaiden Myers** - Minor penalty: Athlete failed to perform the prescribed number of shuttle runs in one round for a small number of reps.

**New score 16:59**

**Saulo Razon** - Minor penalty: Athlete failed to bring both feet and one hand clearly behind the tape line during the turnaround of the shuttle run for a small number of reps.

**New score 20:50**

**Lorenzo Pitruzzello** - Minor penalty: Athlete failed to bring both feet clearly behind the tape line during the turnaround of the shuttle run for a small number of reps.

**New score 21:42**

**Belinda Dennett** - Minor penalty: Athlete failed to perform the prescribed number of shuttle runs in one round for a small number of reps.

**New score 16:46**

**Kulani Subiono** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition.

**New score 18:00**

**William Warner** - Minor penalty: Score adjusted to reflect accurate amount of work completed by the 30 minute timecap.

**New score 87**

**Josh Menendez** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Tlili Kais** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Daniel Karbacher** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Sergey Kryz** - Minor penalty: Athlete failed to keep both feet on the ground during the bench press for a small number of reps.  
**New score 18:24**

**Louie McMaster** - Zero Score: Athlete did not show any of the required measurements for floor layout.  
**New score 0**

**Breno Pinheiro** - Minor penalty: Athlete failed to perform the prescribed number of shuttle runs for a small number of reps.  
**New score 17:52**

**Cristian Rechichi** - Zero Score: Athlete did not show any of the required measurements for floor layout or the rope height.  
**New score 0**

**Em Day Gooch** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition.  
**New score 17:07**

**Carleen Mathews** - Minor penalty: Athlete failed to perform the prescribed number of repetitions during the bench press for a small number of reps.  
**New score 17:59**

**Melody Andreani** - Minor penalty: Athlete failed to keep both feet on the ground during the bench press for a small number of reps.  
**New score 23:22**

**Rolo Gomez** - Minor penalty: Athlete failed to keep buttocks in contact with the bench during the bench press for a small number of reps.  
**New score 22:49**

**Clint DeSoto** - Minor penalty: Athlete failed to keep buttocks in contact with the bench during the bench press for a small number of reps.  
**New score 19:53**

**Emelyanov Ruslan** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Daniel Williams** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Michael Stevenson** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Dawn Mangat** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Tiersa LeSueur** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Michelle McClain** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition.

**New score 25:21**

**Seth McKern** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Brian Sheridan** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Tiago Lopes** - Minor penalty: Athlete failed to fully extend arms at the top of the bench press for a small number of reps.

**New score 20:28**

**Peter Andersson** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition.

**New score 22:16**

**Taro Hatase** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition.

**New score 28:11**

**Megan Menzel** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Kathy Matthews** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Stacy Boaz** - Minor penalty: Used external assistance to reach top of rope for a small number of reps.

**New score 27:01**

**Dwayne Ridgway** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Lars Klische** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Nathan Loren** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition.

**New score 20:15**

**Patricia Souza** - Minor penalty: Athlete failed to keep buttocks in contact with the bench during the bench press for a small number of reps.

**New score 29:12**

**Becky Knowles** - Minor penalty: Athlete failed to bring both feet and one hand clearly behind the tape line during the turnaround of the shuttle run for a small number of reps.

**New score 129**

**Jodie Castel** - Minor penalty: Athlete failed to keep buttocks in contact with the bench during the bench press for a small number of reps.

**New score 21:00**

**Debbie Blank** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Keeley Ehlers** - Minor penalty: Athlete failed to bring both feet clearly behind the tape line during the turnaround of the shuttle run for a small number of reps.

**New score 22:02**

**Nathalie Connors** - Minor penalty: Athlete failed to bring both feet clearly behind the tape line during the turnaround of the shuttle run for a small number of reps.

**New score 22:40**

**Liemerson Caporalli** - Minor penalty: Athlete failed to perform the prescribed number of shuttle runs for a small number of reps.

**New score 17:06**

**Mike Cook** - Minor penalty: Athlete failed to perform the prescribed number of shuttle runs for a small number of reps.

**New score 19:15**

**Lee Graham** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Amber Stewart** - Minor penalty: Athlete failed to perform the prescribed number of shuttle runs for a small number of reps.

**New score 21:53**

**Tracey Magee** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition.

**New score 22:51**

**Nathalie Poulin** - Minor penalty: Athlete failed to perform the prescribed number of shuttle runs for a small number of reps.

**New score 20:45**

**Patti Laughlin** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Lasara Magnani** - Minor penalty: Athlete failed to perform the prescribed number of rope climbs for a small number of reps.

**New score 19:42**

**Ann Marie Hubbard** - Minor penalty: Athlete failed to keep buttocks in contact with the bench during the bench press for a small number of reps.

**New score 21:46**

**Jon Schatz** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition.

**New score 19:22**

**David Ellks** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Richard Viera** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition.

**New score 20:53**

**Litsa Olsson** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition.

**New score 26:48**

**Diana Towne** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Susanne Logan** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Tim Wakefield** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Polly McKinstry** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Polly Mayer** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Sharon Wulbrecht** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Pam Rossini** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Terry O'Brien** - Minor penalty - Athlete failed to touch the top of the rope climb for a small number of reps.

**New score 27:24**

**Scott Jackson** - Zero score: Athlete failed to provide a working video submission.

**New score 0**



**Erick Bruder** - Minor penalty: Athlete failed to perform the prescribed number of shuttle runs during a round for a small number of reps.

**New score 21:13**

**David Dami** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Test 4:**

**Tara Nissen** - Major penalty: Athlete failed to squat to a depth where the crease of the hip was clearly below the top of the knee during the thruster for a significant number of reps.

**New score 12:16**

**Jennifer Norman** - Major penalty: Athlete failed to squat to a depth where the crease of the hip was clearly below the top of the knee during the thruster for a significant number of reps.

**New score 10:16**

**Jake Anderson** - Zero Score: Athlete did not show any of the required measurements for floor layout, barbell loading and video was heavily edited.

**New score 0**

**Mariano Bilbao** - Major penalty: Athlete failed to squat to a depth where the crease of the hip was clearly below the top of the knee during the thruster for a significant number of reps.

**New score 7:41**

**Eamon Coyne** - Major penalty: Athlete failed to squat to a depth where the crease of the hip was clearly below the top of the knee during the thruster for a significant number of reps.

**New score 8:16**

**Jason Corn** - Major penalty: Athlete failed to squat to a depth where the crease of the hip was clearly below the top of the knee and/or did not achieve an overhead position with the arms fully extended and the bar over or slightly behind the body during the thruster for a significant number of reps.

**New score 8:14**

**Alexandre Jolivet** - Major penalty: Athlete failed to squat to a depth where the crease of the hip was clearly below the top of the knee during the thruster for a significant number of reps.

**New score 6:48**

**Annabelle Alsobrooks** - Major penalty: Athlete failed to squat to a depth where the crease of the hip was clearly below the top of the knee during the thruster for a significant number of reps.

**New score 9:35**

**Sonya McMillan** - Major penalty: Athlete failed to squat to a depth where the crease of the hip was clearly below the top of the knee during the thruster for a significant number of reps.

**New score 10:00**

**Dionne Gutierrez** - Major penalty: Athlete failed to squat to a depth where the crease of the hip was clearly below the top of the knee during the thruster for a significant number of reps.

**New score 9:10**

**Rolo Gomez** - Major penalty: Athlete failed to squat to a depth where the crease of the hip was clearly below the top of the knee during the thruster for a significant number of reps.

**New score 7:45**

**Andy Timm** - Major penalty: Athlete failed to squat to a depth where the crease of the hip was clearly below the top of the knee during the thruster for a significant number of reps.

**New score 8:39**

**Lorenzo Ursini** - Major penalty: Athlete failed to reach an overhead position with your arms, hip and legs fully extended and the bar over or slightly behind the body during the thruster for a significant number of reps.

**New score 9:55**

**Merilyn Douglass** - Major penalty: Athlete failed to squat to a depth where the crease of the hip was clearly below the top of the knee during the thruster for a significant number of reps.

**New score 123**

**Ian Buster** - Major penalty: Athlete failed to squat to a depth where the crease of the hip was clearly below the top of the knee during the thruster for a significant number of reps.

**New score 9:35**

**Mary Schwing** - Major penalty: Athlete failed to reach an overhead position with your arms, hip and legs fully extended and the bar over or slightly behind the body during the thruster for a significant number of reps.

**New score 14:35**

**Dave Dawson** - Major penalty: Athlete failed to squat to a depth where the crease of the hip was clearly below the top of the knee during the thruster for a significant number of reps.

**New score 11:48**

**Jay Wade** - Major penalty: Athlete failed to squat to a depth where the crease of the hip was clearly below the top of the knee during the thruster for a significant number of reps.

**New score 8:52**

**Chris Estes** - Major penalty: Athlete failed to squat to a depth where the crease of the hip was clearly below the top of the knee during the thruster for a significant number of reps.

**New score 12:52**

**Debbie Downing** - Major penalty: Athlete failed to squat to a depth where the crease of the hip was clearly below the top of the knee during the thruster for a significant number of reps.

**New score 11:00**

**Jeanie Allen** - Major penalty: Athlete failed to squat to a depth where the crease of the hip was clearly below the top of the knee and/or did not achieve an overhead position with the arms fully extended and the bar over or slightly behind the body during the thruster for a significant number of reps.

**New score 12:57**

**Joanna Diener** - Zero Score: Athlete did not show any of the required measurements for floor layout.

**New score 0**

**Randy Lane** - Major penalty: Athlete failed to squat to a depth where the crease of the hip was clearly below the top of the knee during the thruster for a significant number of reps.

**New score 11:03**

**Terry O'Brien** - Major penalty: Athlete failed to squat to a depth where the crease of the hip was clearly below the top of the knee and/or did not achieve an overhead position with the arms fully extended and the bar over or slightly behind the body during the thruster for a significant number of reps.

**New score 12:48**

**Saulo Razon** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition.

**New score 7:55**

**Tex Milroy** - Minor penalty: Athlete failed to perform the prescribed number of repetitions in a round of thrusters for a small number of reps.

**New score 7:12**

**Mourad Kady** - Minor penalty: Athlete failed to perform the prescribed number of repetitions in a round of thrusters for a small number of reps.

**New score 9:06**

**Kevin Steinhaus** - Minor penalty: Athlete failed to squat below parallel in the thruster for a small number of reps.

**New score 6:02**

**Craig Kenney** - Minor penalty: Athlete failed to squat below parallel in the thruster for a small number of reps.

**New score 6:14**

**Cristian Rechichi** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition and athlete failed to fully extend elbows at the top of the thruster for a small number of reps.

**New score 7:00**

**Joe Scali** - Minor penalty: Athlete received assistance with equipment during the workout.

**New score 6:37**

**Nick Aranda** - Minor penalty: Athlete failed to remain behind the 3 foot line during the thruster for a small number of reps.

**New score 7:11**

**Mike Holmes** - Minor penalty: False start penalty.

**New score 6:55**

**Jay-Lee Mansy** - Minor penalty: Athlete received assistance with equipment during the workout.  
**New score 8:10**

**Melody Andreani** - Minor penalty: Athlete failed to squat below parallel in the thruster for a small number of reps.  
**New score 8:43**

**Rafael Linard Avelar** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Brad Heimer** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Bradley Pritchard** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition.  
**New score 8:01**

**Megan Menzel** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Monica Marigliano** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition.  
**New score 10:19**

**Shannon McKay** - Minor penalty: False start penalty.  
**New score 9:13**

**Annie Malone** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Debbie Blank** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Tracy Grube** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

**Emilia Svanbrink** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition.  
**New score 10:32**

**Deanna Hoffman** - Minor penalty: Athlete failed to fully extend elbows at the top of the thruster for a small number of reps.  
**New score 11:25**

**Liemerson Caporalli** - Minor penalty: False start penalty.  
**New score 6:43**

**Mike Cook** - Minor penalty: Athlete failed to remain behind the 3 foot line during the thruster for a small number of reps.

**New score 8:01**

**Matt Beals** - Minor penalty: Athlete failed to remain behind the 3 foot line during the thruster for a small number of reps.

**New score 8:57**

**John Yaun** - Major penalty: Athlete used wrong weight for all thrusters.

**New score 0**

**Nathalie Poulin** - Minor penalty: Athlete failed to remain behind the 3 foot line during the thruster for a small number of reps.

**New score 9:45**

**Patti Laughlin** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**David Ellks** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Susanne Logan** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Tim Wakefield** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Edmund Ziegler** - Minor penalty: Score adjusted to reflect accurate time on clock when athlete finished the final repetition and athlete failed to perform the prescribed number of thrusters in a round for a small number of reps.

**New score 13:52**

**Erik Smith** - Minor penalty: Athlete failed to squat below parallel at the bottom of the thruster for a small number of reps.

**New score 12:28**

**Polly Mayer** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Pam Rossini** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Scott Jackson** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Elvin Quinones** - Minor penalty: Athlete failed to squat below parallel at the bottom or extend the barbell directly over the body at the top of the thruster for a small number of reps.

**New score 14:21**

**David Dami** - Zero score: Athlete failed to provide a working video submission.

**New score 0**

**Sharon Wulbrecht** - Zero score: Athlete failed to provide a working video submission.  
**New score 0**

## **GRANTED APPEALS**

**Julie Rappaport** - Major penalty appealed: Original score restored.  
**New score 214**

**Jenn Ryan** - Major penalty appealed: Original score restored.  
**New score 240**

**Jamie Thurber** - Score adjustment appealed: Original score restored.  
**New score 242**

**Chelsey Hughes** - Minor penalty appealed: Minor penalty adjusted to 3 reps.  
**New score 202**

**Antonio Boldrini** - Minor penalty appealed. Minor penalty recalculated.  
**New score 224**

**Lori Reed** - Major penalty applied to 2B not 2A. Error corrected,  
**New 2A score 95**

**Rune Stensdal** - Zero score appealed. Original score restored.  
**New score 209**

**Stefani Graham** - Penalty applied to the incorrect test. Test 2A score 20 rep minor penalty. New score 154. Test 2B score 1lb score adjustment.  
**New score 211**

**Patrick Sprague** - Score adjustment appealed. Correct video sent in, original score reinstated.  
**New score 278**

**Nicholas Aranda** - Major penalty appealed. Original score restored.  
**New score 198**

**Diego Jimenez** - Score adjustment appealed: Original score restored.  
**New score 319**

**Danny Hale** - Major penalty appealed. Original score restored.  
**New score 9:44**

**Kimi Boutilier** - Minor penalty appealed. Minor penalty recalculated.

**New tiebreak time 14:18**

**Kasey Johnson** - Minor penalty and false start appealed. Minor penalty removed.  
**New score 9:49**

**Delaina Snider** - Minor penalty appealed. Minor penalty recalculated.  
**New score 11:59**

**Debbie Downing** - Major penalty appealed. Original score restored.  
**New score 9:34**

**Stephanie China** - Major penalty appealed. Major penalty recalculated.  
**New score 26:06**

**Ryan Bretag** - Major penalty appealed. Original score restored.  
**New score 11:13**

**Bobbie Walsh** - Major penalty appealed. Minor penalty applied.  
**New score 21:50**

**Mike Holmes** - False start appealed. Original score restored.  
**New score 6:50**

**Mike Holmes** - Major penalty appealed. Original score restored.  
**New score 8:24**

**Matt Beals** - Minor penalty appealed. Original score restored.  
**New score 8:32**

**Annabelle Alsobrooks** - Major penalty appealed. Original score restored.  
**New score 8:20**

**Michael Bridges** - Major penalty appealed. Original score reinstated.  
**New score 175**

**Jodie Castel** - 0 score appealed. Major penalty applied.  
**New score 24**

**Tim Fox** - 0 score appealed. Original score restored.  
**New score 211**

**James Carkner** - Minor penalty appealed. Original score restored.  
**New score 257**

**James Carkner** - Minor penalty appealed. Original score restored.  
**New score 160**

**Eamon Coyne** - Major penalty appealed. Original score restored.  
**New score 8:16**

**Jarka Giangiulio** - Minor penalty appealed. Minor penalty recalculated.  
**New score 15:34**

**Aaron Brown** - Major penalty appealed. Original score restored.  
**New score 27:14**



